

## **RESUME**

**Name:** Dr Sukhpal Kaur

**Designation:** Principal, National Institute of Nursing Education (**NINE**), Post Graduate Institute of Medical Education and Research (**PGIMER**), Chandigarh

**Official address:** National Institute of Nursing Education, Post Graduate Institute of Medical Research 160012; +91 9888536964; drsukhpalkaur@gmail.com

**Residential address:** House No: 609, Sector 17, Panchkula, Haryana, 134109

**Academic qualifications:** B.Sc Nursing: 1985; M.Sc Nursing: 1995; Ph.D Nursing: 2002

**Additional qualification:** PG diploma in statistics: 2013; Certificate Course in Palliative Care: 2008

**Postdoctoral Fellowship:** Nursing Research Society of India (2022)

**Field of specialization:** Medical Surgical Nursing

**Teaching experience:** 34 years

Year	Place	Designation
1989-1993	Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh	Nursing sister Gr II (Bedside nursing)
1995-2004	National Institute of Nursing Education ( <b>NINE</b> ), Post Graduate Institute of Medical Education and Research ( <b>PGIMER</b> ), Chandigarh	Clinical Instructor
2004-2019	NINE, PGIMER, Chandigarh	Lecturer
2019-2022 (May)	NINE, PGIMER, Chandigarh	Lecturer cum Academic incharge
May 2022 onwards	NINE, PGIMER, Chandigarh	Prof Cum Principal

**Research Experience:** >34 years

**Guide:** B.Sc Nursing: 36, M.Sc. Nursing: 92 plus, PhD: completed: 15, undergoing: 7 (INC Consortium and PGI)

**Written patient education books:** 30

**Paper presentation (local, National, and International):** Many

**Delivered lecture as guest faculty:** More than 200

**Publications in reputed journals (National and International):** 285

**Chapter in various textbooks:** 70

**Google scholar:** 1978

### **Life Membership of Scientific Societies**

1. Trained Nurses Association of India
2. Nursing Research Society of India
3. Lung Cancer Society of India (Associate member)
4. Indian Public Health Association
5. Oncology Nurses Association of India
6. Indian Association of Palliative Care
7. Nursing Research Forum
8. Indian Academy of Geriatrics
9. Society of Indian Neuro Science Nurses.
10. Indo Pacific Academy of Forensic Nursing Science.
11. Clinical Nurses Research Society
12. Neuro Surgeon Society of India (Associate member)

### **Member –Editorial board for the following journals**

1. Journal of Post Graduate Medical Education and Research (JPMER).
2. International Journal of Nursing Education.
3. Journal of Nursing and Care
4. Cancer Nursing
5. International Journal of Nursing Studies
6. Journal of Advance Research in Nursing Science
7. International Journal of Neurological Nursing
8. International Journal of Cardiovascular Nursing
9. International Journal of Emergency and Trauma Nursing
10. Journal of Indian Academy of Geriatrics
11. Journal of Neuro infectious diseases

### **Member-Committees**

1. Development of Bridge Programme in Community Health for Nurses by Indra Gandhi National Open University (IGNOU), New Delhi.
2. Development of Training Modules for Health Care of Elderly under National Program for Health Care of the Elderly (NPHCE) by Ministry of Health and Family Welfare, New Delhi.
3. 'National Emergency Life Support for Nurses' project of Ministry of Health and

Family Welfare, Govt of India, New Delhi.

4. Member-Expert group consultation to review and finalize Regional Strategic Directions for strengthening midwifery in South-East Asia Region
5. Member-Nursing Board of Studies, Punjab University, Chandigarh
6. Vice president and Treasurer of Nursing Research Forum (Regd.), NINE, PGIMER, Chandigarh.
7. Development of Bridge Programme in Community Health for Nurses by IGNOU, New Delhi
8. Research Doctoral Committee (RDC) Baba Farid University of Health Sciences, Faridkot.
9. External expert in Faculty of Nursing, MMU, College of Nursing, Kumarhatti, Himachal Pradesh

#### **Ex-member**

1. Member-Faculty of medical sciences, Punjab University, Chandigarh. (2011-2013)
2. External expert in Faculty of Nursing, CON, Mullana, Ambala (2013-14)
3. Member-Nursing board of studies, Baba Farid University of Health Sciences Faridkot (BFUHS), Punjab (2013-14)
4. Founder secretary, Nursing Research Forum (Regd), NINE, PGIMER, Chandigarh. (2003-2008).

#### **Additional professional roles and responsibilities**

1. President, Trained Nurses Association of India (TNAI), UT branch, Chandigarh (2022 till date).
2. Founder Secretary of the Nursing Research Forum (Regd.) NINE. PGIMER (2003-2008)
3. Vice President of Nurses Research Forum. (2008- till date)
4. Treasurer of the Nursing Teachers Association (Regd.) NINE. PGIMER, Chandigarh (till date).
5. Examiner & paper setter for various national universities (AIIMS, New Delhi; AIIMS Rishikesh; AIIMS, Jodhpur; BFUHS; PU Chandigarh; Eternal University HP; ILBS New Delhi; J and K; Jamia Hamdard; Sawayetha University Chennai; SGRD Amritsar etc)
6. Reviewers in numerous scientific national and International journals like Journal of Neuroinfectious Diseases, Nursing and Midwifery Research Journal, Cancer Nursing, International Journal of Nursing Studies etc.
7. Mentor of Continuing Nursing Education (CNE) cell at PGIMER, Chandigarh
8. Chief Editor of International Journal of Clinical Nursing Research.

#### **FIELD OF INTEREST**

- Geriatric care
- Oncology and Palliative care

- Chronic illnesses
- Women's health.

### **TEXTBOOKS (SCREENSHOT OF THE COVER PAGE ALREADY SUBMITTED)**

#### **1. Author and Editor of the following books:**

- i. Clinical Neurosciences and Critical Care Nursing (JayPee publication)
- ii. **NINE's Clinical Nursing Procedures.** CBS Publishers and Distributors Pvt Ltd. First edition 2018, Second Edition, 2019 (**Editor**) (CBS Publications).
- iii. Simplified Nursing Research and Statistics (CBS publication)
- iv. My workbook on Research & Statistics" (CBS Publishers)
- v. Comprehensive Textbook of Elderly Care (Century publishers)
- vi. Food Safety Implementation (Century Publishers)
- vii. Nursing Research in 21<sup>st</sup> Century (CBS publishers)
- viii. Health empowerment of women: A desirable strategy in 21<sup>st</sup> Century hospitals. Vol I and Vol II. First edition 2020 (Century Publishers)
- ix. Advocating the cause of disability through research: Some examples from North India. First ed 2020. (Century Publishers)
- x. Adult Health Nursing I.1st edition. New Delhi: Jaypee Brothers Medical Publishers. 2024. ISBN-978-93-5465-919-5. (Jaypee Publishers)
- xi. Nursing Research and Statistics. 1st edition, Chandigarh: CBS Publishers and distributors. 2024. ISBN- 978-93-90619-91-7
- xii. Adult Health Nursing II.1st edition. New Delhi: Jaypee Brothers Medical Publishers. 2024. ISBN-978-93-5465-919-5.

### **PUBLICATIONS AND CHAPTERS IN VARIOUS TEXTBOOKS**

#### **PUBLICATIONS IN VARIOUS NATIONAL AND INTERNATIONAL JOURNALS**

1. **Sukhpal Kaur**, Degamber Behera, Dheeraj Gupta, SK Verma. Assessment of knowledge of patients with bronchial asthma about the disease. Lung India. Vol XX. No 2, April-June 2003.
2. Kulvir kaur, Jogindra V Gupta, **Sukhpal Kaur**. Demand and supply of bed linen in selected wards of Nehru Hospital, PGIMER, Chandigarh. NMRJ 2005; 3: 159-165.

3. **Sukhpal Kaur**, Jogindra V Gupta, M Singh. Role of antioxidants in health. Nightingale Nursing Times. Vol 1 Issue 6. Aug 2005.
4. Degamber Behera, **Sukhpal kaur**, Dheeraj Gupta, SK Verma. Emotional aspects of bronchial asthma in Indian patients-Evaluation of an interventional strategy. Lung India 2006;23: 3-7.
5. **Sukhpal Kaur**, Degamber Behera, Dheeraj Gupta, SK Verma. Evaluation of self care manual on bronchial asthma. Indian Journal of Chest Diseases and Allied Sciences 2006; 48: 43-48.
6. **Sukhpal Kaur**, Degamber Behera. Avoiding Indoor Asthma Triggers: Role of a Nurse. Nightingale Nursing Times. Feb and March 2006. Vol 1, Issue 11 and 12; 9-11 and 12-17.
7. Manjeet kaur, Jogindra V gupta, **Sukhpal Kaur**. Self care deficits of admitted patients. NMRJ 2006; 4(1): <http://doi.org/10.33698/NRF0044>
8. **Sukhpal kaur**, Indarjit Walia, Prem verma. Impact of training programme on the knowledge of nurses regarding nursing practice standards. NMRJ 2006; 5(2): <http://doi.org/10.33698/NRF0048>
9. Chennama Varghese, **Sukhpal Kaur**, Indarjit Walia, YashPal Sharma,. Prevention and reduction of pain, bruise and hematoma by 'Moist Ice Pack' application on the site of subcutaneous heparin injection. NMRJ 2006; 4: 139-148.
10. **Sukhpal Kaur**, I Walia. Knowledge of diabetes mellitus amongst nursing students: Effect of an intervention. NMRJ 2007; 1: 30-35.
11. **Sukhpal Kaur**, I Walia. Body mass index, waist circumference, waist hip ratio among nursing students. NMRJ; 2: 84-90.
12. N Kaur, **Sukhpal Kaur**, YP Sharma. The effect of 'Manual Vs 'C' clamp pressure' at the catheter puncture site with reference to comfort level and prevention of complications amongst patients undergoing cardiac angiography. NMRJ 2007; 3: 11 Parks' Textbook of Preventive and Social Medicine, 20<sup>th</sup> ed, page 399-127.
13. **Sukhpal Kaur**, Indarjit Walia. Knowledge and practices of breast self-examination among nursing students. NMRJ 2007; 3: 128-137.
14. Priya Nair, **Sukhpal Kaur**, Yashpal Sharma. Effect of time taken in injecting subcutaneous heparin injection with reference to site pain and bruising among patients receiving heparin injections. NMRJ 2008; 4:1, 7-15.
15. **Sukhpal Kaur**, Sushma Kumari Saini. Role of nurses in assessment and prevention of obesity. Indian Journal of Continuing Nursing Education 2008; 9:1, 16-18.

16. Degamber Behera, **Sukhpal Kaur**, Dheeraj Gupta, SK verma. Avoidance of allergens by patients with bronchial asthma. JAPI 2008; May 56: 325-28.S
17. Manjeet Kaur, Jogindra V Gupta, **Sukhpal Kaur**. Self-care abilities of patients in a referral hospital of North America. The Nursing Journal of India 2008; XCIX: 12, 268-269.
18. **Sukhpal Kaur**, Degamber Behera, Deeraj Gupta, SK Verma. Demographic and environmental factors in patients of bronchial asthma. Indian J Allergy Asthma Immunol 2008; 22(2): 85-89.
19. **Sukhpal Kaur**, Karobi Das, Amrinder Kaur, Neha kalia, Kanika Sharma, Sukhjit kaur, Meena Kumai, Pooja, Gagandeep Kaur, Isha Sharma, Arash Sharma, Rajina Topu. Stress and coping in the Nursing Students. Journal of Mental Health and Human Behaviour 2009; 14(1): 51-56.
20. Kumari Sunita, **Sukhpal Kaur**, Feruja D Patel. Cytotoxic drug spillages among nursing personnel working in the chemotherapy administration area. NMRJ 2009; 5(3): 116-123.
21. **Sukhpal Kaur**, Degamber Behera, Dheeraj Gupta, SK Verma. Evaluation of a 'Supportive Educative Intervention' on self-care in patients with bronchial asthma. NMRJ 2009; 5(3): 124-132.
22. Karobi Das, **Sukhpal Kaur**, Harpreet Kaur, Amrinder Kaur, Anjali Chauhan, Gurpreet Kaur, Harpreet Dhatt, Jaspreet Kaur. Assessment of the level of anxiety among attendants of the patients undergoing Electroconvulsive therapy at a tertiary care hospital. Journal of Mental Health and Human Behaviour 2009; 14(2): 95-99.
23. Baljeet Kaur, **Sukhpal Kaur**. Lifestyle disease-related risk factors among school children. Nightingale Nursing Times 2010; 5(12): 57-59, 65-66.
24. **Sukhpal Kaur**, Degamber Behera. Pre and Post-Menstrual Peak Flow Rates and Symptoms amongst Patients with Bronchial Asthma. JAPI May 2010;58: 331
25. Kumari Sunita, **Sukhpal kaur**. 'Chemotherapy Spill Kit' – a necessity for chemotherapy administration areas. Indian Journal of Oncology Nursing 2010; 7(1): 3-6.
26. Rajni Bala, **Sukhpal Kaur**, LN Yaddanapudi. Exploratory study on nursing manpower required for critically ill patients in intensive care unit. NMRJ 2010; 6(2): 71-80.
27. Keerthi Mohanan, **Sukhpal Kaur**, Karobi Das, Ashish Bhalla. Patient satisfaction regarding nursing care at emergency outpatient department in a tertiary care hospital. Journal of Mental Health and Human Behaviour 2010; 15(1): 54-58.
28. Kumari Sunita, **Sukhpal kaur**, Firoza D. Patel. Operationalization of 'Chemotharpy Spill Kit' in chemotherapy administration areas. NMRJ 2010; 6(3): 93-102.

29. Nadiya Krishnan, **Sukhpal Kaur**, LN Yaddanapudi. Role of system based 'latent factors' in the precipitation of nursing errors amongst the patients admitted in intensive care unit of a tertiary care hospital. NMRJ 2010; 6(4):163-171.
30. Ruchi Saini, **Sukhpal Kaur**, Karobi Das. Stress and Burnout among Intensive Care Nurses. Journal of Mental Health and Human Behaviour. 2011; 16(1): 43-48.
31. Salma, **Sukhpal Kaur**, Ashish Bhalla. Effect of application of 'lignocaine hydrochloride 2% jelly' at the peripheral intravenous cannulation on the vital signs of the patients. NMRJ 2011; 7(2): 93-98.
32. Maninder Deep Kaur, **Sukhpal Kaur**, Firuza D Patel. Effect of 'Moist Heat Therapy' on the visibility and palpability of peripheral veins before peripheral venous cannulation of patients undergoing chemotherapy. Nursing and Midwifery Research Journal 2011; 7(3): 99-105.
33. Prabhjot Kaur, Ramesh Thakur, **Sukhpal Kaur**, Ashish Bhalla. Assessment of risk factors of phlebitis among intravenous cannulated patients. Nursing and Midwifery Research Journal 2011; 7(3): 106-114.
34. Harkiran Kaur, **Sukhpal Kaur**, Ashish Bhalla. Knowledge and practices of caregivers regarding nasogastric tube feed. Kerala Nursing Forum 2011; 6(3): 16-21.
35. Achala Aggarwal, Shine Stephen, Tintu K Mathew, Tissamol Sebastian, **Sukhpal Kaur**. Demographic profile of patients with head injury following road traffic accidents. Journal of NRSI 2011; 4(2): 38-43.
36. Hardeep Kaur, Neena Vir Singh, **Sukhpal Kaur**. Occupational exposure to blood and body fluids amongst the nursing students. Indian Journal of Continuing Nursing Education 2011; 12 (2): 59-62.
37. Shikha Thakur, Tarandeep Kaur, **Sukhpal Kaur**, Hemant Bhagat, Sandhya Narayanan, Neerja Bhardwaj, Jyotsna Wig. Awareness of Bispectral index monitoring system among the critical care nursing personnel in a tertiary care hospital of India. Ind J Anesthesia 2011; 55: 563-6.
38. Sunita Kumari, **Sukhpal Kaur**, Amarjeet Singh, Kanchan Kumar Mukherjee. Reliability of a 'Communication Chart' for Conscious Patients on Mechanical Ventilator or Tracheostomy Admitted in Intensive Care Unit of a Tertiary Care Referral Center, India. Journal of Nursing Science & Practice Volume 2011: 1(3), December 2011, 28-3.
39. Salma, **Sukhpal Kaur**, Ashish Bhalla. Evaluation of "Lignocaine Hydrochloride 2% Jelly" at the Peripheral Intravenous Cannulation on the Intensity of Pain amongst the Patients. Journal of Nursing Science & Practice 2011; 1 (2) December: 16-23.

40. Charanpreet Kaur, Ashish Bhalla, **Sukhpal Kaur**. Protective Measures Practiced by Nursing Personnel while Providing Nursing Care to Patients in a Tertiary Care Hospital. *Journal of Nursing Science & Practice* 2011;1(3) December: 24-27.
41. Shalika Sharma, Manjula Thakur, **Sukhpal Kaur**. Assessment of dependency level in the performance of activities of daily living amongst the elderly in sub suburban population of India. *International Journal of Nursing Education* 2012; 4(1): 94-96.
42. Lynette Hopper, **Sukhpal Kaur**, RK Sharma. Effect of application of 'calamine lotion' on donor graft site itching among patients under the Burns and Plastic Unit. *NMRJ* 2012; 8(1): 21-28.
43. Amita Aggarwal, **Sukhpal Kaur**, Mandeep S Dhillon. Socio-demographic profile of road traffic accident victims admitted at the emergency surgical OPD of a tertiary care hospital. *Journal of Postgraduate Medicine, Education and Research*, January-March 2012; 46(1):15-18.
44. Prabhjot Kaur, Ramesh Thakur, **Sukhpal Kaur**, Ashish Bhalla. Effect of Chlorhexidine Gluconate before Peripheral Intravenous Cannulation on Phlebitis. *Journal of Nursing Science & Practice* April 2012; 2(1): 16-23.
45. Maninder Deep Kaur, **Sukhpal Kaur**. Methods to Increase Peripheral Veins Visualization in Patients Getting Chemotherapy. *Journal of Nursing Science & Practice* April 2012; 2(1): 49-55.
46. Davinder Kaur, Meenakshi Agnihotri, **Sukhpal Kaur**, Sandhya Narayanan. Effect of reintroduction of aspirated gastric content on serum electrolyte levels of patients receiving nasogastric/orogastric feed admitted in intensive care units. *NMRJ* 2012; 8(2): 162-8.
47. Shalika Sharma, Manjula Thakur, **Sukhpal Kaur**. Health problems and treatment-seeking behavior among the elderly. *HelpAge India-Research & Development Journal* 2012;18(2):21-27.
48. Shaffy, **Sukhpal Kaur**, Karobi Das, Rajesh Gupta. Physical, nutritional and sexual problems experienced by the patients with colostomy/ileostomy: A qualitative study. *NMRJ* 2012; 8(3): 210-22.
49. Jasvir Kaur, **Sukhpal Kaur**, Neerja Bhardwaj. Effect of 'foot massage and reflexology' on physiological parameters of critically ill patients. *NMRJ* 2012; 8(3): 223-33.
50. Manisha Nagi, **Sukhpal Kaur**, Surinder Kapoor, Sunil Kumar Gupta. Skill development in suctioning technique among caregivers of patients going to be discharged with tracheostomy tube in situ. *Journal of Nursing Science and Practice* 2012; 2(2)



51. Ashok Kumar, Manisha Nagi, **Sukhpal Kaur**, Rajesh Chhabra. Effectiveness of planned demonstration on 'log rolling and range of motion exercises' on performance score among the caregivers of spinal trauma patients. *Journal of Nursing Science and Practice* 2012; 2(2)
52. Mandeep Kaur, **Sukhpal Kaur**, Ashish Bhalla. Knowledge regarding Cardio-Pulmonary Resuscitation among the Nursing Personnel Working in the Emergency Department of a Tertiary Care Hospital. *Journal of Nursing Science and Practice* 2012; 2(2): 37-41.
53. Maninderdeep Kaur, Lynette George, **Sukhpal Kaur**. Level of Anxiety among Cancer Patients Receiving Chemotherapy. *Journal of Nursing Science and Practice* 2012; 2(3):
54. **Sukhpal Kaur**, Amarjeet Singh, Mandeep S Dhillon, Manoj K Tiwari, Indarjit Walia. Point prevalence of bed sore among the admitted patients in a tertiary care hospital. *Journal of the Academy of Hospital Administration*, Volume 23 & 24, Nos. 1 & 2 Jan-June & July-December-2011 & 2012. 18-24.
55. Book review of Principles and practices of Nursing-Second edition by Shakuntla Sharan Birpuri', published in *Nursing Journal of India*, August 2012; vol CIII (4): 180.
56. Book review of Professional adjustments and ethics for nurses in India, 7<sup>th</sup> Revised Edition by Ann Zwemer and Vivian Churness, published in *Nursing Journal of India*, August 2012; vol CIII (4): 180.
57. Rajni Bala, **Sukhpal Kaur**, LN Yaddanapudi. Nursing Competencies for Caring Critically Ill Patients in Intensive Care Unit. *Journal of Nursing Science and Practice* 2013; 3(1):10-16.
58. Khuspreet Kaur, Inderpreet Kaur, Deepti Grover, Gurpreet Panag, Sukhjot Kaur, **Sukhpal Kaur**. Assessment of the Knowledge and Practices of Mothers Performing Kangaroo Mother Care for Neonates. *Journal of Nursing Science and Practice* 2013; 3(1):1-5.
59. Davinder Kaur, Meenakshi Agnihotri, **Sukhpal Kaur**, Sandhya Narayanan. Effect of reintroduction of aspirated gastric content on gastric emptying in patients receiving nasogastric/orogastric feed in intensive care units. *NMRJ* 2013; 9(2): 73-80.
60. Manjula Thakur, **Sukhpal Kaur**. A descriptive study to assess the problems related to menstruation and social believes among unmarried menstruating girls. *Journal of Nursing Research Society of India* 2013; 5(2): 60-66.
61. Soundappan Kathirvel, Amarjeet Singh, Mandeep S Dhillon, **Sukhpal Kaur**, Sonu Goel. Impact of Structured Educational Interventions on Prevention of Pressure Ulcers in Bedridden Orthopedic Patients- A Randomized Controlled Trial. *European Wound Management Association (EWMA) Journal* 2013; 13(1): 40.

62. Upasana Sharma, **Sukhpal Kaur**, Amarjeet Singh. Knowledge, Beliefs and Practices of Caregivers Regarding Home Based Bedsores Care in Chandigarh, North India. *JPMER* 2013;47(3):138-143.
63. Salam Jibanlata Devi, Sukhwinder Kaur, **Sukhpal Kaur**. Effect of comfort measures and repositioning on prevention of pressure ulcers in bedridden children. *NMRJ* 2013; 9(3): 99-107.
64. **Sukhpal Kaur**, Gagandeep Kaur, Neha Dhingra, Sapna Saini. Assessment of Knowledge Regarding HIV/AIDS among Nursing Students. *Journal of Nursing Science & Practice* 2013. 3(2): 8-12.
65. Vijay VR, Meenakshi Agnihotri, **Sukhpal Kaur**, Ashish Bhalla. Effect of Valsalva maneuver prior to peripheral intravenous cannulation on intensity of pain. *NMRJ* 2013; 9(4): 143-151.
66. Ashok Kumar, Neena Vir Singh, **Sukhpal Kaur**, Amarjeet Singh. Skill Development Regarding Use of Metered Dose Inhaler (MDI) Amongst School Teachers of Northern India. *The Indian Journal of Pediatrics*, Nov 2013;80(11):903-6.
67. **Sukhpal Kaur**, Amarjeet Singh, Arshdeep Gill, Gunjan Grover. Impact of home based care package for elderly on prevention of bedsores. *J nursing and Care* 2013; 2 (3): 59.
68. **Sukhpal kaur**, Amarjeet Singh, Parabjyot Kaur, Ashish Bhalla, Savita Kumari, Gagan Paul Kaur. Assessment of nursing care needs of elderly in Chandigarh, North India: A pilot study. *J nursing and Care* 2013; 2 (3): 83.
69. **Sukhpal Kaur**, Bhawna Rani, Anoop Kumar, Baljeet Kaur, Sandhya Ghai, Monaliza. Knowledge and attitude of nursing students regarding care of elderly: An Indian perspective. *J nursing and Care* 2013; 2 (3): 143.
70. Vijay V R, Agnihotri M, Kaur S, Bhalla A. Effect of Valsalva Maneuver prior to peripheral intravenous cannulation on vital signs. *Journal of Nursing Science and Practice* 2013. 3(2): 16-20
71. Kaushal RK, Kapoor S, Kaur S, Bhagat H. Evaluation of a nursing checklist for receiving patients in ICUs: A pilot study. *Journal of Nursing Science and Practice* 2013. 3(2):
72. Kumari Sunita, **Sukhpal Kaur**, Firoza D Patel. Usability of the 'Chemotherapy Spill Kit' among nursing personnel working in the chemotherapy administration areas: A follow-up study. *Research and reviews: Journal of Oncology and Hematology* 2013; 2(3): 17-24.
73. Jasvir Kaur, Shaffy Dhir, **Sukhpal Kaur**. Assessment of Level of Stress amongst the Caregivers of Patients Suffering with Neurosurgical Disorders. *Research and reviews: A Journal of Neuroscience* 2013; 3(3): 1-4.

74. Manisha Nagi, Surinder Kapoor, **Sukhpal Kaur**, SK Gupta. Development of Skill in Suctioning Technique among Caregivers of Patients. Research and reviews: A Journal of Neuroscience 2013; 3(3): 5-13.
75. Veena Raunalt, Sukhwinder Kaur, **Sukhpal Kaur**, Meenu Singh. Effect of intervention on the use of Metered Dose Inhaler amongst the children suffering with asthma and their caregivers. IOSR Journal of Nursing and Health Science 2013; 3(1): 23-30.
76. M. Kalyanasundaram, S. Kaur, M.K. Tewari, A. Singh. Impact of two training packages for caregivers on quality of care of neurosurgery patients: A randomized controlled trial. Journal of the Neurological Sciences 2013; 333, Supplement 1: e576
77. Atul Sharma, **Sukhpal Kaur**, Manoj Kumar Tewari, Amarjit Singh. Extent of the Burden of Caregiving on Family Members of Neurosurgical Inpatients in a Tertiary Care Hospital in North India. Journal of Neuroscience Nursing 2014; 46(1): E 3-9.
78. Veena Raunalt, Sukhwinder Kaur, **Sukhpal Kaur**, Meenu Singh. Compliance and myths regarding the use of Metered Dose Inhaler amongst caregivers of children suffering with asthma. NMRJ 2014; 10(1):1-7.
79. Manisha Nagi, Surinder Kapoor, **Sukhpal Kaur**, SK Gupta. Effect of an intervention on performance regarding change of tracheostomy tube among the caregivers of the patient. Indian Journal of Neurosurgery 2014; 3(1): 31-35.
80. Jasvir Kaur, **Sukhpal Kaur**, Rajesh Chhabra. Effect of Foot Massage and Reflexology on Physiological Parameters of Patients undergone Neurosurgery. Research and Reviews: Research and reviews: A Journal of Neuroscience 2014; 4(1): 9-16
81. **Sukhpal Kaur**, Anoop Kumar KP, Baljeet Kaur, Bhawana Rani, Sandhya Ghai, and Monaliza Singla. Knowledge and Attitude Regarding Care of Elderly Among Nursing Students: An Indian Perspective. J Nursing and Care 2014; 3:3: 1000161.
82. Rajbir Kaur, **Sukhpal Kaur**, Sukhjeet Kaur. Assessment of Knowledge of Nursing Personnel Regarding Neonatal Resuscitation. Journal of Nursing Science & Practice 2014; 4(2): 23-27

83. Parveen, Punita Sharma, Ugu Libang, Sukhpal Kaur, Manju Dandhapani. Management of hyperthermia in traumatic brain injury patients. Research and review: A Journal of Neuroscience 2014; 4(2): 5-8.
84. Kharbteng L Bajaj, Manisha, Nagi, Sukhpal Kaur. Nursing Management of a Patient with Increased Intracranial Pressure: A Review. Research and review: A Journal of Neuroscience 2014; 4(2): 19-23.
85. **Sukhpal Kaur**, Lata Mandal, Priya Naur, Narinder Kaur, Pragya Pathak. Awareness among patients with T2DM regarding the disease at a tertiary care referral centre. JPMER 2014; 48(3): 117-22.
86. Jaspreet Kaur, **Sukhpal Kaur**, Rajesh Chabra. Functional dependence and impairment in patients with spinal trauma and associated complications. Indian Journal of Continuing Nursing Education 2014; 15(1): 93-97.
87. Ashish Bhalla, Vikas Suri, Prabhjot Kaur, **Sukhpal Kaur**. Involvement of the family members in caring of patients an acute care setting. Journal of Postgraduate Medicine October 2014;60(4):382-85.
88. Jasdeep Kaur, Ashish Bhalla, Karthik Gnanapandithan, **Sukhpal Kaur**. Does an Educational Program for Patient Bystanders Reduce the Incidence and Complications of Bedsores in the Medical Emergency? A Quasi Experimental Study. J. Adv. Res. Nurs. Sci. 2014; 1(1): 1- 6.
89. Ruchi Saini, **Sukhpal Kaur**, Karobi Das. Workplace Characteristics: Significant Predictors of Stress among Nurses Working in Special Units of a Tertiary Care Hospital. J. Adv. Res. Nurs. Sci. 2014; 1(1): 7-13.
90. Latika Bajaj, Raj K Kaushal, **Sukhpal Kaur**. Nurses' Knowledge and Practice of using GCS in a Tertiary Level Hospital. Research & Reviews: Journal of Neuroscience 2014; 4(3):9-13.
91. Ruchi Saini, **Sukhpal Kaur**, Karobi Das. Occupational stress and coping strategies among nurses working in medical surgical units of a tertiary care hospital. Indian Journal of Social Psychiatry 2014; 30(1-2); 20-27.
92. Shafy, **Sukhpal Kaur**, Karobi Das, Rajesh Gupta. Psychosocial experiences of the patients with colostomy/ileostomy: A qualitative study. Indian Journal of Social Psychiatry 2014; 30(1-2); 28-34.
93. Rajesh Kumar, **Sukhpal Kaur**, K. Reddemma. Burden, Needs and Its Assessment Instruments in Caregivers of Stroke Survivors. Research & Reviews: Journal of Neuroscience 2014; 4(3): 1-8

94. Harpreet Kaur, Pragya Pathak, **Sukhpal Kaur**, FD Patel. Effect of an orientation programme on anxiety level of patients undergoing radiotherapy for first time: A randomized control trial. *Nursing and Midwifery Research Journal* 2014; 10(4): 135-144.
95. Avondeep, Harpreet Kaur, Navdeep Kaur, **Sukhpal Kaur**. Knowledge of Stroke amongst Nursing Students: Effect of an Intervention. *International Journal of Neurological Nursing* 2014; 1(1): 1-4.
96. **Sukhpal Kaur**, Mandeep S Dhillon, Sarvdeep Singh Dhatt. Clinical Profile of Road Traffic Accident Victims with Orthopedic Injuries Admitted in a Tertiary Care Hospital of India. *International Journal of Orthopedic Nursing* 2017; 2(2): 1-9.
97. Nadiya Krishnan, **Sukhpal Kaur**, L.N Yaddanapudi. *Role of protocol adherence and lack of protocol in the precipitation of nursing care errors amongst the patients admitted in the intensive care units of a tertiary care hospital.* *Journal of nursing Science and practice* 2014; 4(3): 66-71.
98. Navdeep Kaur, Neena Vir Singh, **Sukhpal Kaur**, Rajesh Chabra. Satisfaction of the Caregivers of the Patients with Spinal Cord Injury Regarding Homecare Guidelines: A Pilot Study. *International Journal of Neurological Nursing*; 1(1): 5-11.
99. Manisha Nagi, Latika Bajaj, Sushma Saini, **Sukhpal Kaur**. Impact of epilepsy on patients' physical and psychological aspects. *Indian Journal of Community Health Nursing* 2014; 1(1): 12-14.
100. **Sukhpal Kaur**, Anu, Jyoti, Neha Verma, Sadhana Negi, Sumitra. Prevalence of dysmenorrhoea and practices adopted during dysmenorrhoea by undergraduate nursing students. *Indian Journal of Community Health Nursing* 2014; 1(1): 12-14.
101. Raj Kumari Kaushal, Surinder Kapoor, **Sukhpal Kaur**, Hemant Bhagat. A Methodological study to develop a 'Nursing Checklist' for receiving patients in ICUs. *NMRJ* 2015; 11(1): 1-11.
102. Sukhpal Kaur, Amarjeet Singh, Mandeep S Dhillon, Manoj K Tewari, Prabhjyot Kaur Sekhon. Incidence of bedsores among the admitted patients in a tertiary care hospital. *PGMER* 2015; 49(1): 26-31.
103. Meenakshi Sharma, Amarjeet Singh, Mandeep S Dhillon, Sukhpal Kaur. Awareness level and recommendation of non-pharmacological strategies for managing Knee Osteoarthritis among medical personnel. *International Journal of Conceptions on Management and Social Sciences* 2015; 3 (1): 7-10.

104. Rajesh Kumar, **Sukhpal Kaur**, K. Reddemma. Pattern of Burden and Quality of Life among Caregivers of Stroke Survivors. International Journal of Health Sciences and Research 2015; 5(4): 208-14.
105. Avondeep Dhaliwal, Harpreet Kaur, Navdeep Kaur, **Sukhpal Kaur**, Manju Dhandapani; An observational study to assess the practices of handling central venous catheter among health care professionals; Journal of Nursing Science and Practice; 2015. 5(1): 48–52.
106. Parveen, Surgyan Yadav, Punita Sharma, Ugu Libang, **Sukhpal Kaur**. Comparison of Recording of Blood Pressure by Mercury Sphygmo-Manometer and Digital Sphygmometer: A Pilot Study. Journal of Nursing Science and Practice. 2015; 5(1): 34–37.
107. Kumar V, Singh A, Tewari MK, **Sukhpal Kaur**. Caregivers' Perspective on Home-based Care of Operated Neurosurgery Patients Discharged From PGIMER, Chandigarh, India. Indian J Palliat Care. 2015 May-Aug;21(2):253-4
108. **Sukhpal Kaur**, Arshdeep Gill, Upasana Sharma, Amarjeet Singh. Quality Care Audit of Old Age Homes in a North Indian City. Journal of The Indian Academy of Geriatrics, 2015; 11: 3-9
109. Rajesh Kumar, **Sukhpal Kaur**, K. Reddemma. Needs, Burden, Coping and Quality of Life in Stroke Caregivers - A Pilot Survey . NMRJ 2015; 11(2): 57-67.
110. Ugu Libang, Sukhpal kaur, Dheeraj Khurana, Ashish Bhalla. Acceptability of a Nursing Care Protocol regarding Care of Patients with Stroke amongst Nurses: A Pilot Study. International Journal of Advanced research in Nursing science and Midwifery 2015;2(1): 7-12.
111. Babandeep Kaur, **Sukhpal Kaur**, L N Yadanapudi, Neena Vir Singh. Monitoring of Blood Pressure using Invasive or Non-invasive Method in Critically Ill Patients: A Review. Journal of Advanced Research in Medicine 2015; 2(2): 6-9.
112. Ruchi Saini, Meenakashi Agnihotri, **Sukhpal Kaur**. Impact of Indwelling Time of Peripheral Intravascular Catheter on the Incidence of Phlebitis. Journal of Nursing Science and Practice 2015; 5(2): 12-16.
113. **Sukhpal Kaur**, Sandhya Ghai, Nadiya Krishnan, Deepika Rana, Dimple Kathania, Gagandeep Kaur, Godawari Thakur, Gurinder Kaur. Knowledge, attitude, and perception regarding organ donation among Nursing students. J Postgrad Med Edu Res 2015; 49 (3): 105-110.
114. Rajesh Kumar, **Sukhpal Kaur**, K. Reddemma. Burden and Coping Strategies in Caregivers of Stroke Survivors. Journal of Neurology and Neuroscience 2015;

115. Vishal Kumar, Amarjeet Singh, Manoj Kumar Tewari, **Sukhpal Kaur**. Home care of discharged postoperatively neurosurgery patients: Are the caregivers responsible? *Asian Journal of Nursing education and research* (July –Sept) 2015; 5(3): 1-7.
116. Vishal Kumar, Amarjeet Singh, Manoj Kumar Tewari, **Sukhpal Kaur**. Comprehension and compliance with the discharged advice and quality of life at home among the postoperative neurosurgery patients discharged from PGIMER, Chandigarh, India. *Asian Journal of Neurosurgery* 2015; IP: 117.197.135.192: 1-6.
117. Avondeep Dhaliwal, Harpreet Kaur, Navdeep Kaur, **Sukhpal Kaur**. Knowledge of Stroke amongst Nursing Students: Effect of an Intervention. *International Journal of Neurological Nursing* 2015; 1(1): 1-4.
118. **Sukhpal Kaur**, Prabhjot Kaur, Anjali Prabhakar, Amisha. Amita Kumari, Anita Kumari. Assessment of Knowledge and Attitude Regarding Hepatitis B and C among Nursing Students. *International Journal of Nursing and Midwifery Research* 2015; 2(2):
119. Navdeep Kaur, Neena Vir Singh, **Sukhpal Kaur**, Rajesh Chabra. Satisfaction of the Caregivers of the Patients with Spinal Cord Injury Regarding Homecare Guidelines: A Pilot Study. *International Journal of Neurological Nursing* 2015; 1(1): 5-10.
120. Ruchi Sharma, Amarjeet Singh, Vanita Suri, **Sukhpal Kaur**. Barriers faced by women with disabilities in access to sexual and reproductive healthcare: Experiences from North India. *Int J Preven Curat Comm Med* 2015; 1(4): 69-73.
121. Navdeep Kaur, Neena Vir Singh, **Sukhpal Kaur**, Rajesh Chabra. Development of Home Care Guidelines for the Caregivers of the Patients Being Discharged with Spinal Cord Injury. *Indian J Neurosurg* 2015;4:148–156.
122. Renu Kumari, Manju Dhandapani, **Sukhpal Kaur**, Navneet Singla, Bikash Medhi. A Randomized Controlled Trial to Assess the Effectiveness of Oral Rehydration Solution on the Natreimic Status of Operated Patients with Traumatic Brain Injury. *Indian J Neurosurg* 2015;4:141–147.
123. Libang Ugu, **Kaur Sukhpal**, Khurana Dheeraj, Bhalla Ashish. Development of a nursing care protocol for patients with stroke in the first 24 hours of thrombolysis. *Research and Reviews: Journal of Neuroscience*. 2015; 5(3): 27–39.
124. Ritu Saroha, Neena Vir Singh, **Sukhpal Kaur**, Parampreet S. Kharbanda. Lived Experiences of Patients Before and During Epileptic Fits - A Qualitative study. *NMRJ* 2016; 41-48.
125. Deepika Chauhan, Manisha Kumari, Priya Portion, Vanita Kumari, Manisha Nagi, **Sukhpal Kaur**, Manish Modi. Problems, awareness and practices of caregivers of epileptic patients

regarding home management of epilepsy. Manipal Journal of Nursing and Health Sciences 2016; (1):

126. Ruchi Saini, **Sukhpal Kaur**, Karobi Das. Stress, Stress Reactions, Job Stressors and Coping among Nurses Working in Intensive Care Units and General Wards of a Tertiary Care Hospital: A Comparative Study. J Postgrad Med Edu Res 2016; 50(1):9-17.
127. Shine Stephen, Meenakshi Agnihotri, Sukhpal **Kaur**. A Randomized, Controlled Trial to Assess the Effect of Topical Insulin Versus Normal Saline in Pressure Ulcer Healing. Ostomy Wound Manage. 2016 Jun;62(6):16-23.
128. Neelam Rawat, Archana Thakur, Shruti Sharma, Jyotish Prashad, **Sukhpal Kaur**, Sandhya Ghai,, Nadiya Krishnan. Prevalence of dysmenorrhoea and its impact on daily living (ADLs) among nursing personnel. BFUNJ June 2016; 10(1): 30-38.
129. **Deepika Sharma, Manveer Kaur, Rohini Chaudhary, Sukhpal Kaur, Meenakshi Agnihotri, Ashish Bhalla**. Admission of Elderly in Emergency Units: Causes and Problems. Adv Practice Nurs 2016; 2(3), <http://dx.doi.org/10.4172/apn.1000119>.
130. Rajesh Kumar, **Sukhpal Kaur**, Reddemma K. Burden, Its Predictors and Quality of Life in Caregivers of Stroke Survivors at Rural Community, Punjab, India. Journal of Neurology and Neurorehabilitation Research 2016; 1(1): 1-7.
131. Rajesh Kumar, **Sukhpal Kaur**, Reddemma K. Family Needs of Caregivers of Stroke Survivors. Adv Practice Nurs 2016; 2(3), <http://dx.doi.org/10.4172/apn.1000119>
132. Anita Rani, **Sukhpal Kaur**, Monaliza Mittal, Neeru Sahni. Development of standard operational protocol on endotracheal suctioning. NMRJ 2016; 12(3): 125-133.
133. Sunita Saini, **Sukhpal Kaur**, Karobi Das, Vikas Saini. Using the first drop of blood for monitoring blood glucose values in critically ill patients: An observational study. Indian Journal of Critical Care Medicine 2016; 20: 658-61.
134. Puja Dudeja, Amarjeet Singh, Nancy Sahni, **Sukhpal Kaur**, Sonu Goel. Effectiveness of an intervention package on knowledge, attitude, and practices of food handlers in a tertiary care hospital of north India: A before and after comparison study. Medical Journal Armed Forces India 2017; 73: 49-53.
135. **Sukhpal Kaur**, Amarjeet Singh, Sandhya Ghai. Gunjan Grover. Excessive daytime sleepiness, sleep hygiene, and work hours amongst nursing students. NMRJ 2017;13(1): 8-16.
136. Rajesh Kumar, **Sukhpal Kaur**, Reddemma K. Impacts of Burden on Use of Coping Styles among Stroke Caregivers. The International Journal of Indian Psychology 2017; 4(2): 77-85  
DIP: 18.01.148/20170402



137. Rajesh Kumar, **Sukhpal Kaur**, Reddemma K. Predictors of quality of life and its impact on Coping Styles in Stroke Caregivers. *Journal of Neurological Disorders* 2017; 5(2): 1-4. DOI 10.4172/2329-6895.1000336.
138. Sunita Kumari, **Sukhpal Kaur**. A methodological study to develop the “Clinical Competence Self-Assessment Tool (CCSAT)” to assess perceived clinical competence of upcoming nursing graduates. *Santosh University Journal of Health Sciences* 2017;3(1):24-29.
139. Sunita Kumari, **Sukhpal Kaur**, Jagmohan Dhakar. A pilot study to assess the validity and reliability of the newly developed “Clinical Competence Self-Assessment Tool (CCSAT)”. *Santosh University Journal of Health Sciences* 2017;3(2):61-64. DOI: 10.18231/2455-1732.2017.0019
140. Latika Rohilla, **Sukhpal Kaur**, Mukesh Bhatra, Kirti Verma, MK Tewari. Assessment of risk factors and postoperative outcomes of patients with cerebral aneurysm: A pilot study. *NMRJ* 2017; 13(2): 78-86.
141. Latika Rohilla, Karobi Das, **Sukhpal Kaur**. Assessment of cognitive impairment in the elderly persons admitted in a tertiary care hospital: A pilot study. *Journal of Nursing Science and Practice* 2017; 7(2): 20-24.
142. Lasara Kharbteng, Monaliza, **Sukhpal Kaur**, Sandhya Ghai. Quality of life in patients with pre-dialysis chronic kidney disease. *NMRJ* 2017; 13(3): 118-126.
143. Ruchi Saini, **Sukhpal Kaur**. Development of ‘Clinical Instructors / Tutor’s Task Inventory’: A Methodological Study. *NMRJ* 2017; 13(4): 182-194.
144. Bidisha Basu, **Sukhpal Kaur**, Rana Sandeep Singh, Bikash Medhi. Comparison of efficacy, safety, and pharmaco-economic evaluation of Ichthammol glycerine, Heparinoid preparation and Magnesium sulphate glycerine application on the reduction of post-cannulation phlebitis: A randomized observer blind study. *Global Scientific Journal* 2017; 5(11): 142-162.
145. Ruchi Saini, **Sukhpal Kaur**. Development of ‘Clinical Instructors / Tutor’s Task Inventory’: A Methodological Study. *NMRJ* 2017; 13(4): 182-194.
146. Meenakshi Sharma, Amarjeet Singh, Mandeep S Dhillon, **Sukhpal Kaur**. Conservative Therapy through Adequate Doctor-Patient Interaction Improves Outcomes in Patients Suffering from Mild and Moderate Knee Osteoarthritis. *Int J HealthCare Edu & Med Inform* 2017; 4(3&4): 1-2. DOI: <https://doi.org/10.24321/2455.9199.201712>.

147. Avinash Kaur, Sarika Bhatia, Sukhpal Kaur *et al.* Assessment of Practices of Nursing Personnel Regarding Insertion, Care and Removal of Indwelling Catheter. *Journal of Nursing Science & Practice*. 2017; 7(3): 12–16.
148. Avinash Kaur, Sarika Bhatia, Usha Devi, Komal Saini, Perna Thakur, Manisha Nagi, **Sukhpal Kaur**. Point Prevalence of Indwelling Catheterized Patients Admitted in a Tertiary Care Hospital and Related Nursing Care Practices. *Int J Nurs Midwif Res* 2017; 4(4): 49-56. DOI: <https://doi.org/10.24321/2455.9318.201744>
149. Meenakshi Sharma, M S Dhillon, Amarjeet Singh, **SukhpalKaur**. Comparative impact of two non-surgical intervention packages of conservative therapy on quality of life in patients having knee osteoarthritis reporting at PGIMER Chandigarh. *International Journal of Non-communicable Diseases* 2017 Nov; Vol 2; Suppl 1: S 21
150. Gurpreet Kaur, Sandhya Ghai, Pankaj Malhotra, Gaurav Parkash, **Sukhpal Kaur**, Mahender Singh. Home-based Yoga programme for the patients suffering from Malignant Lymphoma during Chemotherapy: A feasibility study. *International Journal of Non-communicable Diseases* 2017 Nov; Vol 2; Suppl 1: S 55.
151. **Sukhpal Kaur**, Gurpreet Singh, Amarjeet Singh, Parul Sharma, Sunita Malhotra, Sangeeta Singh. Development of an educational intervention for the prevention of shoulder dysfunction and lymphedema following surgery amongst breast cancer patients. *International Journal of Non-communicable Diseases* 2017 Nov; Vol 2; Suppl 1: S 68.
152. Neha Chanana, Amarjeet Singh, RK Kanojia, Babita Ghai, **Sukhpal Kaur**. Determinants of low back pain among women employees of the University of Chandigarh. *International Journal of Non-communicable Diseases* 2017 Nov; Vol 2; Suppl 1: S 78.
153. Ashok Kumar, **Sukhpal Kaur**, Sandhya Ghai, Manish Modi, Smita Pattanaik, CK Narayanan, Dheeraj Khurana. Period prevalence of post-stroke complications among stroke survivors at a tertiary care centre: Future perspectives! *International Journal of Non-communicable Diseases* 2017 Nov; Vol 2; Suppl 1: S 104.
154. Geetanjali Loomba, Manju Dhandapanni, Raja Ram Chandran, **Sukhpal Kaur**. A randomized control trial to evaluate the effectiveness of an interventional package on jugular vein catheter-related infections among patients undergoing hemodialysis, PGIMER, Chandigarh. *Nephrology Dialysis Transplantation*, Volume 32, Issue suppl\_3, May 2017, Pages iii671–iii672, <https://doi.org/10.1093/ndt/gfx178.MP650>, 26 May 2017

155. **Sukhpal Kaur**, Amarjeet Singh, Manoj K Tewari, Tejinder Kaur. Comparison of two intervention strategies on prevention of bedsores among the bedridden patients: A quasi-experimental community-based trial. *Indian J Palliat Care* 2018;24:28-34.
156. Anita Rani, **Sukhpal Kaur**, Monaliza Mittal, Neeru Sahni. Development of Standard Operating Protocol on Nasogastric tube feeding. *International Journal of Nursing Critical Care* 2018; 4(1): 1-6.
157. Bankerlin B Lynser, Neena Vir Singh, **Sukhpal Kaur**. Predictors of mucositis amongst patients receiving chemotherapy. *NMRJ* 2018; 14(1): 10-18.
158. Nainakshi Kashyap, Nadiya Krishnan, **Sukhpal Kaur**, Sandhya Ghai. Assessment of signs and symptoms of cervical cancer amongst the patients: A case control study. *NMRJ* 2018; 14(1): 19-25.
159. **Sukhpal Kaur**, Sushma Saini. Indarjit Waia. Assessment of level of empathy among nursing students during internship. *Indian J Soc Psychiatry*. 2018;34:57-61.
160. Prabhjot Kaur, **Sukhpal Kaur**, Ashish Bhalla, Prerna Katyal, Raavi, Ramandeep Kaur, Ramanpreet Kaur, Ramanpreet Kaur Bhangu and Rasanpreet Kaur. Strain among the Family Caregivers of Patients with Stroke. *J Perioper Crit Intensive Care Nurs* 2018; 4: 144. doi:10.4172/2471-9870.10000144.
161. Gitanshu, Aditi Justa, Kritika Arora, Navneet K Atwal, Sandeep, Tanya Singh, Ruchi Saini, **Sukhpal Kaur**. Emotional Intelligence among Undergraduate Nursing Students: A Descriptive Study. *Int J Ment Health & Behav Sci* 2018 1(1): 11-15.
162. Kirti Verma, Shruti, Manoj Kumar Tewari, **Sukhpal Kaur**, Sandhya Ghai. Efficacy of Caregivers' Intervention on Recovery of Head Injury Cases in India. *Indian J Neurosurgery* 2018. DOI <https://doi.org/10.1055/s-0038-1671794>. ISSN 2277-954X.
163. Meenakshi Sharma, Amarjeet Singh, MS Dhillon, **Sukhpal Kaur**. Comparative impact of nonpharmacological interventions on pain of knee osteoarthritis patients reporting at a tertiary care institution: A randomized controlled trial. *Indian J Palliat Care* 2018;24:478-85.
164. Ruchi Saini, **Sukhpal Kaur**. Exploring the job –tasks of nursing teachers in India qualitative study. *International Journal of Nursing Education and Research* 2018; 6(1): Janu: March: 5-11. **DOI: 10.5958/2454- 2660.2018.00002.9**
165. Amudeep Singh, Vanita Suri, Sushmita Ghoshal, Sukhpal Kaur, Amarjeet Singh. A Counseling Room Approach to Improve the Quality of Life of Cervical Cancer Patients at an Apex Hospital of North India. *International Journal of Preventive, Curative & Community Medicine* 2018; 3(4): 1-7.

166. Gurpreet Kaur, Gaurav Prakash, Pankaj Malhotra, Sandhya Ghai, **Sukhpal Kaur**, Mahender Singh, Kulbeer Kaur. Home-Based Yoga Program for the Patients Suffering from Malignant Lymphoma during Chemotherapy: A Feasibility Study. *Int J Yoga*. 2018;11(3):249–254. doi:10.4103/ijoy.IJOY\_17\_18
167. Meenakshi Sharma, Amarjeet Singh, **Sukhpal Kaur**. Consensus on non-pharmacological interventions for mild and moderate knee osteoarthritis among the stakeholders /experts of various disciplines is still elusive- preliminary report. *Journal of Clinical Orthopedics and Trauma*; Dec 2018. DOI: 10.1016/j.jcot.2018.12.006.
168. Mahendra Kumar, Monaliza, **Kaur S**, Salunke P, Agarwal A. Development of a protocol for nursing management of post-operative cerebral aneurysm patients. *NMRJ* 2018; 14(4): 19-30
169. Thomas N, Andrews R, **Kaur S**, Juneja R, Saxena A. Needle temperature and pain perception in the treatment of rheumatic heart disease. *British Journal of Cardiac Nursing* 2019; 14(3): 134-38.
170. Madhanraj K, Upasana Sharma, **Sukhpal Kaur**, MK Tewari, Amarjeet Singh. Impact of self-instruction manual-based training of family caregivers of neurosurgery patients on their knowledge and care practices – A randomized controlled trial. *J Family Med Prim Care* 2019;8:209-14.
171. Babandeep Kaur, **Sukhpal Kaur**, Lakshmi N Yaddanapudi, Neena V Singh. Comparison between invasive and non invasive blood pressure measurements in critically ill patients receiving inotropes. *Blood Pressure Monitoring* 2019, 24:24–29
172. **Sukhpal Kaur**, Amarjeet Singh, Savita Kumari, Ashish Bhalla. Assessment of functional status and daily life problems faced by elderly in a North Indian city. *Psychogeriatrics* 2019. doi:10.1111/psyg.12406.
173. Ankita, Sukhpal Kaur, Neena Vir Singh, Ashutosh Aggarwal. Assessment of knowledge regarding self- management of bronchial asthma among patients attending the outpatient department of a North Zone tertiary care centre. **International Journal of Noncommunicable Diseases** 2019; 4:93-7.. DOI 10.4103/jncd.jncd\_30\_19
174. Puneet Kaur, **Sukhpal Kaur**, Amarjeet Singh, Sandhya Ghai. Application of Health Belief Model on factors contributing to relapse, failure to follow up in tuberculosis patients. *International Journal of Advanced Research* 2019; 7(6): 1-10. DOI:10.21474/IJAR01/9187.
175. Puneet Kaur, **Sukhpal Kaur**, Amarjeet Singh, Sandhya Ghai. Myths, realities, and prejudices about factors associated with loss to follow up, relapse and treatment failure in tuberculosis patients: A qualitative study. *International Journal of trends in scientific research and development* 2019; 3(4): 1-10. 1315-21

176. Ruchika Rani, **Sukhpal Kaur**. Nurse Led clinics in India, An innovative approach in patient management. *International Journal of Advanced Research* 2019; 7(9): 1190-92.
177. Puneet Kaur, DK Seth, **Sukhpal Kaur**. Experiences of acute myocardial infarction survivors: A Qualitative literature review. *International Journal of Medical and Health Research* 2019. 5(12): 154-159.
178. Nainakshi Kashyap, Nadya Krishnan, **Sukhpal Kaur**, Sandhya Ghai. Risk Factors of Cervical Cancer: A Case-Control Study. *Asia Pac J Oncol Nurs* 2019;6:308-14. DOI 10.4103/apjon.apjon\_73\_18.
179. Monika, **Sukhpal Kaur**, Amarjeet Singh. Determine workload of ANMs in implementing Mother Child Tracking system and calculating required number of ANMs at Civil dispensary: A pilot study. *NMRJ* 2019; 15(1): 1-10.
180. Monika, **Sukhpal Kaur**, Amarjeet Singh. Exploring the perceptions of ANMs in implementing Mother Child Tracking System in Chandigarh: A Qualitative study. *NMRJ* 2019; 15(2): 49-61.
181. Puneet Kaur, **Sukhpal Kaur**, Amarjeet Singh, Sandhya Ghai. Factors associated with relapse and treatment failure in tuberculosis patients: A Qualitative study. *NMRJ* 2019; 15(2): 62-74.
182. Harpreet Kaur, Neena Vir Singh, **Sukhpal Kaur**, Sandeep Singh Rana. Caregivers' satisfaction regarding their involvement in Post-Operative care of children suffering with Congenital Heart Diseases. *NMRJ* 2019; 15(4):158-164.
183. Meenakshi Sharma, Mandeep S Dhillon, Amrarjeet Singh, **Sukhpal Kaur**. Treatment-seeking Behavior of Knee Osteoarthritis Patients in Northern India. *J Postgrad Med Edu Res* 2019;53(3):109–112.
184. Geetanjali Loomba, Manju Dhandapani, **Sukhpal Kaur**, Sandhya Ghai, Manisha Biswal, Raja Ramachandran, Krishan Lal Gupta. The effectiveness of personal hygiene practices on Non-Cuffed central vein catheter related infection in patients undergoing hemodialysis: A Randomized Controlled trail. *Indian Journal of Nephrology* 2019; 20(20): 1-5. Doi: 10.4103/ijn.IJN\_92\_18
185. C Samlla Kyndiah, **Sukhpal Kaur**, Neena V Singh, Rakesh Kapoor, Kamal Kishore. Functional loss among patients receiving neurotoxic chemotherapeutic drugs. *NMRJ* 2019; 15(3): 108-13
186. Kumar A, Khurana D, **Kaur S**, Ghai S, Modi M, Pttanaik S, et al. “Post Stroke complications and caregivers’ stress among stroke patients in a developing country” *European Stroke Journal* 2019, Vol. 4(1S) 3–95. DOI: 10.1177/2396987319845560.

187. Kumar A, Khurana D, Pattanaik S, Kumar M, Modi M, **Kaur S** et al. Development, Feasibility and Validation of 'Stroke Home Care' application in a resource-limited setting: A proof of concept study. *Stroke* 2020; 51(1): AWP 451.
188. Monika, **Sukhpal Kaur**, Amarjeet Singh. Estimation of workload of ANMs and calculating the required number of ANMs in implementing the Mother Child Tracking system in Northern India: WISN methodology. *International Journal of Advanced Research* 2020; 8(11):645-55.
189. Meenal Sharma, **Sukhpal Kaur**, Amlesh Seth, Prabhjot Singh. Living with Urostomy: Patients' Perspectives. *Indian Journal of Public Health Research and Development* 2020; 11(7): 537-42
190. Nupur Chauhan, Meenakshi Agnihotri, **Sukhpal Kaur**, Naresh K Panda. Practices regarding the care of tracheostomy tube in patients with long-term tracheostomy. *NMRJ* 2020; 16(2): 63-69
191. Bandna Kumari, **Sukhpal Kaur**, Monika Dutta, Ajay Bahl, Parag Barwad. Satisfaction of patients and caregivers with specialized nursing services for heart failure patients. *NMRJ* 2020; 16(2): 51-62
- 192.** Manju Dhandapani, **Sukhpal Kaur**, Karobi Das, Rashmi Ranjan Guru, Manisha Biswal, Pranay Mahajan, Vipin Koushal & Goverdhan D. Puri. Enhancing the safety of frontline healthcare workers during coronavirus disease: a novel realtime remote audiovisual aided doffing approach. *Infectious Diseases* 2020; XXX: 1-3
193. Ruchi Saini, Amulya Sharma, Gurleen Kaur, Jasman Brar, Neerja Hans, Rippandeep Kaur, Sukhpreet Kaur, **Sukhpal Kaur**. Perceived social support among hospitalized elderly patients in Indian settings. *Journal of Geriatric Care and Research* 2020, 7(3): 133-139.
194. Meenal Sharma, **Sukhpal Kaur**, Amlesh Seth, Prabhjot Singh. Development of a Self Instruction Module for the patients living with Urostomy. *NMRJ* 2020; 16(3); 120-31. <http://doi.org/10.33698/NRF0295>
- 195.** Pramod Kumar Nagar, Rupinder Kaur, **Sukhpal Kaur**, Amita Trehan, Rakesh Kapoor. Effectiveness of an Intervention on Nurses' and Caregivers' Knowledge and Practices Regarding Chemotherapy-Induced Neutropenic Complications: A Cluster Randomized Controlled Trial. *Research & Reviews: A Journal of Immunology* 2020; 10(2): 18-24.
196. Pramod Kumar Nagar, Rupinder Kaur, **Sukhpal Kaur**, Amita Trehan, Rakesh

Kapoor. Development of a protocol for nurses and caregivers related to prevention, early detection, and management of chemotherapy-induced neutropenic complications. NMRJ 2020; 16(1): 18-31.

197. Ekta Bhagoria, **Sukhpal Kaur**, Amarjeet Singh, Ashish Bhalla, Arihant Jain, Meenakshi Agnihotri. Pattern of health problems amongst the elderly patients admitted in the emergency Department of tertiary care hospital of North India. NMRJ 2020; 16(4): 165-172. <http://doi.org/10.33698/NRF0324>
198. Deeksha Sharma, Shruti, **Sukhpal Kaur**, L.N Yaddanapudi. Problems faced by caregivers of ICU patients and suggestions: A qualitative perspective. NMRJ 2020; 16(4): 181-192. <http://doi.org/10.33698/NRF0326>
199. Bandna Kumari, **Sukhpal Kaur**, Monika Dutta, Ajay Bahl, Parag Barwad. Awareness of patients regarding self- management of heart failure attending a tertiary care hospital of North India. Int J Non- Commun Dis 2020;5:158-64.
200. Manjeet Singh, **Sukhpal Kaur**. Palliative care in elderly: A case study. Research and reviews: A Journal of health professions 2020; 10(3): 5-9
201. Geetanjali Loomba, Nitya Batra, Manju Dhandapani, **Sukhpal Kaur**, Sandhya Ghai, Manisha Biswal, Raja Ramachandran. Prevalence of bacterial colonization in patients undergoing hemodialysis. Research and Reviews: A journal of Microbiology and Virology 2020; 10(3): 1-9.
202. Kharbteng L, Monaliza, Kumar V, Kaur S, Ghai S. Effectiveness of a breathing training program on quality of life in patients with predialysis chronic kidney disease: A randomized controlled trial. Indian J Palliat Care 2020;26:271-5.
203. Nupur Chauhan, Meenakshi Agnihotri, **Sukhpal Kaur**, Naresh K Panda. Assessment of quality of life of patients with permanent tracheostomy: A descriptive study. International Journal of Scientific Research 2020; 9(8): 43-45
204. Bandana Kumari, **Sukhpal Kaur**, Monika Dutta, Ajay Bahl, Parag Barwad. Exploring the opinion of stakeholders about self-care, home care and hospital management of heart failure patients: A qualitative study. International Journal of care coordination 2021; 23(4):137-146.
205. Devi TS, Kaur R, Thakran A, Gudwalia B, Kumari M, **Kaur S** et al. Awareness and utilization of various schemes launched by government of India for the welfare of senior citizens Int J Community Med Public Health. 2021 Apr;8(4):1809-1816

206. Saini SK, Kaur S, Sharma N, Kalyan G, Das K. Int J Community Med Public Health. 2021 Apr;8(4):2000-2006
207. Kathania D, Neena Vir Singh NV, Sukhpal Kaur S, Kumar R. Patients perception about Coronary Artery Bypass Graft (CABG) surgery during waiting period: A Phenomenological study. NMRJ 2021; 17(1):31-37
208. Kumar M, **Kaur S**, Aggarwal A, Salunke P, Mittal M. Determinants of Ruptured Cerebral Aneurysm and the Presenting Symptoms among Patients with SAH Admitted at a Tertiary Care Center in North India. Pon J Nurs 2021;14(1):2–7.
209. Dutta M, Sutnga GM, **Kaur S**. Job satisfaction among male nurses working in a tertiary care hospital. Nursing Journal of India 2021; Vol CXII, No. 2: 63-66
- 210.** Rohilla L, Dayal D, Malhi P, Bharti B, **Kaur S**, Dhandapani M. Development and evaluation of a culturally tailored education module for type 1 diabetes in a resource-constrained setting: protocol for a mixed-methods study. Int J Clin Trials 2021;8(3):244-52. DOI: <https://dx.doi.org/10.18203/2349-3259.ijct20212847>
211. Kathirvel S, **Kaur S**, Dhillon MS, Singh A. Impact of structured educational interventions on the prevention of pressure ulcers in immobile orthopedic patients in India: A pragmatic randomized controlled trial. J Family Med Prim Care 2021;10:1267-74.
212. Rohilla L, **Kaur S**, Duggal M, Malhi P, Bharti B, Dayal D. Diabetes Self-Management Education and Support to Improve Outcomes for Children and Young Adults With Type 1 Diabetes: An Umbrella Review of Systematic Reviews. Sci Diabetes Self Manag Care 2021 Oct;47(5):332-345. doi: 10.1177/26350106211031809.
- 213.** Kaur M, Yadav BS, Dahiya D, Kaur S, Sharma A, Ghoshal S. Health-related quality of life of patients after breast cancer treatment: A cross-sectional study. Ann Oncol Res Ther 2021;1:91-9.
- 214.** Sharma D, Dutta M, **Kaur S**, Yadav BS, Kumar K, Dahiya D. Assessment of Chemo fog among breast cancer survivors: A pilot study. NMRJ 2021; 17(4): 153-162. <http://doi.org/10.33698/NRF0344>
- 215.** Sharma A, **Kaur S**, Singh NV. Exploring the support systems of the parents caring for children suffering from Tetralogy of Fallot: A hermeneutic phenomenological approach. NMRJ 2021; 17(4); 191-200. <http://doi.org/10.33698/NRF0348>
- 216.** Sharma D, Dutta M, **Kaur S**, Yadav BS, Kumar K, Dahiya D. **Coping Strategies being Practiced by the Breast Cancer Survivors before Receiving First Cycle of**



**Chemotherapy.** Asian Pac J Cancer Care 2021, **6** (2), 167-173.  
DOI:10.31557/APJCC.2021.6.2.167

217. Naik B N, Singh A, Lazar M S, Ganesh V, Soni SL, Biswal M, Das K, **Kaur S**, Puri GD. Performance of Health Care Workers in Doffing of Personal Protective Equipment Using Real-Time Remote Audio-Visual Doffing Surveillance System: Its Implications for Bio-Safety Amid COVID-19 Pandemic. *Cureus* 2021 13(9): e18071, DOI 10.7759/cureus.18071
- 218.** Rani R, **Kaur S**, Gupta M. Effect of a nurse-led pre-chemotherapy education programme on quality of life and psychological distress of patients with breast cancer; a pilot-based randomized controlled trial. *Int J Community Med Public Health* 2021;8:2812-9.
219. Thakur A, Agnihotri M, **Kaur S**, Rai B. Effectiveness of support group approach on the level of fatigue and pain in patients with cervical cancer: A Quasi-experimental Study. *NMRJ* 2021; 17(2): 83-91
220. Sharma A, **Kaur S**, Bhalla A, Sharma N, Bhatia V, Singh NV. First aid practices followed for poisoning patients and its impact on patient's outcome. *NMRJ* 2021. 17(2): 92- 100
221. Bhatra M, **Kaur S**, Devnani M, Dhaliwal N, Ghai S, Kumar A. Perception and Attitude of Health Care Personnel Regarding Integration of Nursing Education and Nursing Services for Patient Care at a Tertiary Care Center of Northern India, *Hospital Topics* 2021, DOI: 10.1080/00185868.2021.2002219
222. Monika, **Kaur S**, Saini SK, Narang K, Das K, Ruchi S. Problems and coping strategies regarding e learning and home schooling of children among the parents during closure of schools amidst the COVID-19 pandemic: A cross-sectional Indian study. *International J of Advanced Research* 2021; 9(09); 813-821. DOI URL: <http://dx.doi.org/10.21474/IJAR01/13485>
223. Kaur G, Rohilla L, **Kaur S**, Verma S, Singh M. Adrenaline Use for Anaphylaxis Management during COVID-19 Mass Vaccination Program in India. *Research & Reviews: A Journal of Medicine*. 2021 April; 11(1): 1–4p.
- 224.** **Kaur S**, Saini SK, Sharma N, et al. Satisfaction Level among the Nursing Students with Web-based Learning amid COVID-19 Lockdown in India: A Cross-sectional Survey. *J Postgrad Med Edu Res* 2021;55(2):64–69.
225. Bhagoria E, **Kaur S**, Singh A, et al. Making the Emergency OPD of a Tertiary Care Center Elderly Friendly Through Quality Assurance of Geriatric Syndrome Management Strategies. *J Postgrad Med Edu Res* 2021;55(3):114–118.

226. Saini R, **Kaur S**, Saini SK, Sharma N, Monika, Kalyan G, Das K. Psychosocial spiritual life of people during lockdown due to covid 19 pandemic-An Indian Survey 2021; 9(10): 1311-1318. DOI: 10.21474/IJAR01/13684
227. Kaur H, Monaliza, **Kaur S**, Salunke P, Aggarwal A. Effect of Support Group Approach on Behavior, Stress, and Coping Factors Among the Family Caregivers of Head Injury Survivors. *Nursing & Midwifery Research Journal* 2022; 18(1) 13–25. DOI: 10.1177/0974150X211058189
228. Thomas N, **Kaur S**, Saxena A. Evaluation of a nurse-led intervention to improve adherence to secondary prevention of rheumatic heart disease. *British Journal of Cardiac Nursing*. 2022. <https://doi.org/10.12968/bjca.2021.0115>
229. Kaur J, Dhandapani M, **Kaur S**, Lakshmi V, Dhandapani S, Das K. Acceptance and preparedness to be COVID warriors: Self narratives of frontline nurses of a tertiary care center. *Florence Nightingale Journal of Nursing* 2022; 30(1): 25-32.
230. **Kaur S**, Singh A, Saini S, Rohilla L, Kaur J, Chandi A et al. Reporting adverse events of ChAdOx1 nCoV-19 coronavirus vaccine (Recombinant) among the vaccinated healthcare professionals: A cross-sectional survey. *Indian J Med Res*. Jan 2022; DOI: 10.4103/ijmr.ijmr\_1221\_21.
231. Sindhubhai Varma A, **Kaur S**, Pravin S, Ghai S. Effectiveness of ‘Coma Stimulation Technique’ on conscious level and brain functioning among the comatose patients with traumatic brain injury. *JPMER* 2022; XX(XX): 1-5
232. Kumar A, Kaur M, **Kaur S**, Nagi M, Agnihotri M, Nagar PK, Kumar P, Das K. Attitude and Perception of Nursing Personnel Involved in Real Time Remote Audio-Visual Aided (RT-RAVA) Monitoring of Doffing for the Prevention of Covid-19 Infection among the Health Care Workers. *Hospital Topics* 2022; DOI: 10.1080/00185868.2022.2073303
233. Kaur J, **Kaur S**, Singh NV, Aggarwal AK. Effectiveness of Perioperative Patient Education Program on Knowledge and Satisfaction among Patients Undergoing Total Joint Arthroplasty. *PGMER* 2022; 56 (3): 109-115
234. Sharma R, Shruti, **Kaur S**, Uttam Saini U, Kaur J. Concerns of the Patients with Lower Limb Amputation During Transition from Hospital to Home: A Qualitative Study. *NMRJ* 2022; 18(2): 77-87.
235. Kalyan G, Nitasha Sharma N, **Kaur S**, Kumari Saini SK, Saini R, Kumari B, Mehta R, Grover S, Das K, Bhalla A. Lived Experiences of Nurses During Quarantine: A Qualitative Study from North India. *NMRJ* 2022; 18(2): 77-87.

236. Kaur M, Kumar A, **Kaur S**, Kumar Nagar PK, Nagi M, Thakur V, Khan R (2022): Adverse Effects of Personal Protective Equipment and Their Self-Practiced Preventive Strategies among the Covid-19 Frontline Health Care Workers, *Hospital Topics* 2022, DOI: 10.1080/00185868.2022.2112523
237. Walia A, Rohilla L, **Kaur S**, Gupta K, Singh A. Perceptions and Perceived Barriers regarding Proning among Nurses of a Tertiary Care Center in India, *Hospital Topics* 2022; DOI: 10.1080/00185868.2022.2100025
238. Sharma D, Yadav BS, Dutta M, **Kaur S**, Kumar K, Dahiya D. Psychocognitive functions among breast cancer survivors: A randomized controlled trial. *Int J Non-Commun Dis* 2022;7:83-94.
239. Sharma R, Kumar A, Suri V, **Kaur S**, Singh AJ. Stakeholders' opinion regarding disabled friendliness of obstetrics and gynaecology services in hospitals of North India. *Int J Reprod Contracept Obstet Gynecol* 2022;11:3129-34.
240. **Kaur S**, Kaur J, Singh NV, Aggarwal AK. Effectiveness of Perioperative Patient Education Program on Knowledge and Satisfaction among Patients Undergoing Total Joint Arthroplasty. *Journal of Postgraduate Medicine, Education and Research* 2022;56:109–15. <https://doi.org/10.5005/jp-journals-10028-1586>.
241. Singh A, Singh A, Chopra S, **Kaur S**, Nair K. Evaluation of the Effectiveness of Still Photography Vs. Videography Friendliness of Stakeholders about Antenatal Care Related Education Provision at OBG OPD, PGIMER, Chandigarh. *Eduzone: International Peer Reviewed/Refereed Multidisciplinary Journal* 2022;11:249–53.
242. Sharma D, Yadav BS, Dutta M, **Kaur S**, Kumar K, Dahiya D. Psychocognitive functions among breast cancer survivors: A randomized controlled trial. *Int J Non-Commun Dis* 2022;7:83-94.
243. Sharma R, Kumar A, Suri V, **Kaur S**, Singh A. Physical Access Related User-Friendliness of Sexual and Reproductive Health Services for Women With Disabilities in Various Hospitals in a City in North India: An Integrated Qualitative and Quantitative Study. *Cureus* 2023; 15(1). <https://doi.org/10.7759/cureus.34276>.
244. Varma AS, **Kaur S**, Salunke P, Ghai S. Effectiveness of Coma Stimulation Technique on Conscious Level and Brain Functioning among Comatose Patients with Traumatic Brain Injury. *Journal of Postgraduate Medicine, Education and Research* 2023; 57(1). 3–7. DOI.org (Crossref), <https://doi.org/10.5005/jp-journals-10028-1593>.

245. Rohilla L, **Kaur S**, Singh A. Proning for Patients with COVID-19 Related ARDS: A Review of Literature and Recommendations for Practice. *J Postgrad Med Edu Res* 2023;57(1):27–31.
246. Kumar A, Pal R, Nagi M, Kaur Maninderdeep, **Kaur S**. Superiority Trial: Sample Size Calculation and its Interpretation in Health Research. *J Postgrad Med Edu Res* 2023;57(3):131–136.
247. Kaur J, Dhandapani M, **Kaur S**, Venkadalakshmi, Dhandapani S, Das K. How is COVID nursing different? A phenomenological analysis of the nurses' experience from a tertiary care COVID units. *Int J Community Med Public Health* 2023;10:4401-10.
248. Kaur M, **Kaur S**. Concept of quality of life in health care research: a review. *Int J Community Med Public Health* 2023;10. DOI: <https://dx.doi.org/10.18203/2394-6040.ijcmph20232869>.
249. Sharma R, Kumar A, Suri V, **Kaur S**, Singh AJ. An integrated qualitative and quantitative study on sexual and reproductive health problems faced by women with disabilities in Chandigarh, India. *Int J Gynecol Obstet.* 2023; 00:1-7. doi:10.1002/ijgo.14931
250. Kaur S, Dhandapani M, **Kaur S**, Dhaliwal N, Kaur J, Singh M, Kathwal J. Distribution of Lifestyle Risk Factors and Biophysical/Biochemical Parameters Related to NCD Prevention Among Nurses in Selected Government Hospitals of Chandigarh, India (2020–2022): A Multicentered Cross-sectional Study. *NMRJ* 2023; 19(3): 130-142.
251. Kaur G, **Kaur S**, Dhandapani M, Yaddanapudi N. Assessment of Respiratory Functions, Activities of Daily Living, and Quality of Life of the Post-mechanical Ventilated Patients. *Nursing and Midwifery Research Journal* 2023; 19(4): 185-197.
252. Ankita, **Kaur S**, Singh NV, Ashutosh Aggarwal A. Opinion of Stakeholder on the Feasibility of a Nurse-Led Clinic for Self-management of Bronchial Asthma in a Tertiary Care Center: North Zone Study (India). *Nursing and Midwifery Research Journal* 2023; 19(4): 199-211.
253. Narnaware T, Kaur M, **Kaur S**, Madan R. Assessment of Quality of Life and Long-term Health-related Problems Among Children with Intracranial Tumor. *Nursing and Midwifery Research Journal* 2023; 19(4): 212-222.
254. Kumar A, Khurana D, Pattanaik S, Kumar M, **Kaur S**, Krishnan NC, *et al.* A mobile application-based post-stroke care strategy for survivors and their caregivers for prevention and management of post-stroke complications – “Stroke Home Care.” Development and feasibility. *J Neurosci Rural Pract* 2024; 15; 217-26, doi: 10.25259/JNRP\_411\_2023

255. Sharma A, **Kaur S**. Sociodemographic Profile. and Outcome of the Acute Poisoning Adult Patients Admitted to a Tertiary Care Hospital of Northern India. *J Postgrad Med Edu Res* 2024;58(1):33–37.
256. Kaur M, **Kaur S**, Yadav Budhi Raja. Effect of mobile phone app-based intervention on quality of life in breast cancer survivors: A RCT. *European Journal of Cancer* 2024; suppl
257. Lazar MS, Ganesh V, Naik B N, Singh A, Puri GD, **Kaur S**. Efficacy of remote audio-visual system versus standard onsite buddy system to monitor the doffing of personal protective equipment during COVID-19 pandemic: An observational study. *Int J Health Plann Mgmt*. 2024;1-11. <https://doi.org/10.1002/hpm.3754>
258. **Kaur S**, Dhiman RK, Satsangi S, *et al*. Awareness Regarding Prevention of Hepatitis B and its Management among Nurses. *J Postgrad Med Edu Res* 2024;58(1):13–18.
259. Rawat BS, **Kaur S**, Saini SK, Sikka P, Saha PK, Rawat S. A cross-sectional study to estimate the health care needs of perimenopausal and postmenopausal women. *Indian Journal of Obstetrics and Gynecology Research* n.d.;11:374–80. <https://doi.org/10.18231/j.ijogr.2024.068>.
260. Kaur M, **Kaur S**, Sharma A, Sachdeva RK. Perceived Health Status, Quality of Life and Treatment-Seeking Behaviour Among People Living with HIV/AIDS (PLHIV) Attending Antiretroviral Therapy Clinic at a Tertiary Care Centre of North India. *Nursing & Midwifery Research Journal* 2024;20:58–65. <https://doi.org/10.1177/0974150X241231367>.
261. Rohilla L, Dayal D, Kaur G, Malhi P, **Kaur S**, Bharti B. Barriers and Facilitators of Management of Type-1 Diabetes in Children: A Socio-Cultural Enquiry of Caregivers' Perspectives Living in Resource-Constrained Settings. *Hospital Topics* 2024:1–11. <https://doi.org/10.1080/00185868.2024.2422130>.
262. Bhatt A, **Kaur S**, Dhandapani M, Banumathy N, Khurana D. Optimizing Stroke Care Transitions: A Patient-Centered Discharge Program for Caregivers. *Home Health Care Management & Practice* 2024:10848223241282337. <https://doi.org/10.1177/10848223241282337>.
263. Saini R, Kaur M, Kumar A, **Kaur S**. Brassiere-Wearing Practices and Issues among Post-mastectomy Women: A Systematic Review. *Indian J Palliat Care* 2024;30:315–21. [https://doi.org/10.25259/IJPC\\_192\\_2024](https://doi.org/10.25259/IJPC_192_2024).
264. Saini R, Saini SK, **Kaur S**, Sharma N, Pebma M, Kalyan G, *et al*. Challenges and Related Interventions Being Practiced by the Employees of a Tertiary Care Centre Amidst the Lockdown Due to the COVID-19 Pandemic. *Nursing & Midwifery Research Journal* 2024;20:216–26. <https://doi.org/10.1177/0974150X241296593>.

265. Sharma D, Singh NV, **Kaur S**, Kaur M, Jain K. Assessment of Knowledge and Practices of Nursing Personnel While Caring of Brain Dead Patients Potential for Organ Donation. *Nursing & Midwifery Research Journal* 2024;20:205–15. <https://doi.org/10.1177/0974150X241296593>.
266. Kumari B, **Kaur S**, Dutta M, Bahl A, Barwad P, Bhattacharya S. Effectiveness of Heart Failure Nursing Protocol (HF-NP) on quality of life of patients with heart failure. *J Educ Health Promot* 2024;13:368. [https://doi.org/10.4103/jehp.jehp\\_607\\_23](https://doi.org/10.4103/jehp.jehp_607_23).
267. Kaur G, Gaurav P, **Kaur S**, Singh M, Ghai S, Khadwal Alka, Malhotra Pankaj. Culturally Tailored Home-based Yoga Intervention for Lymphoma Patients on Chemotherapy. *International Journal of Yoga* 17(3):p 211-216, Sep–Dec 2024. | DOI: 10.4103/ijoy.ijoy\_126\_24
268. Sonia M, **Kaur S**, Kothari N. Prevention of Delirium in the Intensive Care Unit through Nonpharmacological Interventions: An Umbrella Review. *Indian Journal of Critical Care Medicine* 2024;29:75–83. <https://doi.org/10.5005/jp-journals-10071-24884>.
269. Kumar A, Kumar M, Verma P, Pal R, Nagi M, Mahesh KV, **Kaur S** et al. Effects of stroke nurse-led acute stroke management on treatment time benchmarks, intravenous thrombolysis rates, and patient outcomes: A systematic review and meta-analysis. *Journal of Stroke and Cerebrovascular Diseases* 2025;34:108216. <https://doi.org/10.1016/j.jstrokecerebrovasdis.2024.108216>.
270. Saini R, Mittal V, Chaudhary A, Simar P, Gopera S, Kapoor V, **Kaur S**. Challenges faced by the caregivers of the elderly: A cross-sectional survey from India. *Psychogeriatrics* 2025; doi:10.1111/psyg.13245
271. Chauhan P, **Kaur S**, Singh NV, Kaur M, Gupta R. Lived Experiences of Pancreatic Cancer Patients Undergone Whipple Procedure: A Qualitative Study. *Indian J Palliat Care*. 2025;31:67-73. doi: 10.25259/IJPC\_205\_2024
272. Gera P. Singh NV, **Kaur S**, Tewari MK. Demographic distribution and contributing factors of Traumatic Brain Injury: A tertiary care centre study. *Nursing & Midwifery Research Journal* 2025; 21(1) 42–51, 2025
273. Mancheri N, **Kaur S**, Pathak P, Ghosha S. Randomized Controlled Trial on the Effectiveness of ‘Oral Ice Application’ on Oral Mucositis in Head and Neck Cancer Patients Receiving Radiotherapy. *Nursing & Midwifery Research Journal* 2025; 21(1) 52–60.
274. Kaur M, Yadav BS, Dahiya D, **Kaur S**, Batta A, Rani A, *et al*. Issues related to grooming among post-mastectomy patients: An Indian perspective. *J Edu Health Promot* 2025;14:57.
275. Sonia M, **Kaur S**, Kothari N. Author Response: The Range of Nonpharmacological Measures to Prevent Delirium on Intensive Care Units is Broader than Assumed. *Indian J Crit Care Med* 2025;29(3):280–281.

276. Devi B, Singh NV, **Kaur S**, Das R, Pal A, Malhotra P. Prevalence and Determinants of Anemia Among Nursing Professionals in a Tertiary Care Center. Indian Journal of Hematology and Blood Transfusion 2025 (April); <https://doi.org/10.1007/s12288-025-02014-x>
277. Kumar A, **Kaur S**, Nagi M, *et al.* Noninferiority Trial: Sample Size Calculation and Its Interpretation in Health Research. J Postgrad Med Edu Res 2025;59(2):88–98.
278. Ghosh N, Singh NV, Kaur S, Singh H. Life after lobectomy: The road to recovery and well being- A descriptive study. Lung India 2025; 42 (2): 120-27.
279. Harpreet Kaur, Neena Vir Singh, **Sukhpal Kaur**, Sandeep Singh Rana. Awareness level of family caregivers regarding post operative home care of their children suffering with Congenital Heart Diseases. International Journal of Pediatric Nursing 2025; 11(1):1-7.
280. **Kaur S**, Bhalla A, Kumar A, Behal S. A cross-sectional study on the audit of discharge instructions provided to the elderly patients admitted in the medical wards of a tertiary care hospital. THE EVIDENCE. 2025;3(2):1-7.DOI:10.61505/evidence.2025.3.2.132Available From<https://the.evidencejournals.com/index.php/j/article/view/132>
281. **Kaur S**, Rohilla L, Kayina CA, Kaur J, Kaur G, Walia A, *et al.* Comparing ChAdOx1 nCoV-19 coronavirus vaccine (recombinant) (Covishield) and BBV152; Bharat Biotech COVID-19 vaccine (Covaxin) for COVID-19: Reports of adverse events following vaccination among the Indian population. Indian J Public Health 2025;69:27-32.
282. Kaur I, **Kaur S**, Kaur M. Practices of bedside nursing rounds by the nursing personnel in selected general and intensive care units of a tertiary care centre. NMRJ 2025. Under publication. In press.
283. Tiwari S, Mazumder A, Mahajan SA, Narasimhaswamy N, Kaur J, ----**Kaur S**. Prevalence and Risk Factors of Chronic Kidney Disease in people living with HIV: A Systematic Review and Meta-Analysis. Evidence Public Health 2025. Under publication. In press.
284. Dhiman I, Negi K, Kaur P, Sheetal, Nechu S, Mukta, Singh R, **Kaur S**. Workplace Violence: its Causes and Preventive Strategies: Findings from a Tertiary care Hospital in North India. International Journal of Occupational Safety and Health 2025. Under publication.
285. Sharma R, **Kaur S**, Shruti, Uttam Saini U, Kaur J, Dhillon MS. “Nobody joked about me... It was my feeling that now I am functionally impaired”: A Qualitative Study Exploring the Aftermath of Traumatic Amputation on the Social Life of Lower Limb Amputees. Accepted for publication in the Indian Journal of Palliative Care 2025. Under publication. In press.

#### **Publications as Chapters in various books**

1. **Sukhpal Kaur**, Sarvdeep S Dhatt, Sharad Prabhakar. Orthopedic Emergencies: The Nurses' Viewpoint. First Aid and Emergency Management in Orthopedic Injuries by Ms Dhillon. JAYPEE Publications, New Delhi. 2012.
2. **Sukhpal Kaur**. Evidence-based neuroscience nursing. In Sree Chitra Nursing Manual 2012. Saramma PP and Ashalatha R (editors). Akshara Offset, Trivandrum, Kerala, India.
3. Upasana Sharma, **Sukhpal Kaur**, Amarjeet Singh. Family caregiving for elderly: Is it the best option for developing countries? In. Social Welfare in India. Mary IJ et al (editors). Jaipur, Avishkar Publishers, Distributors, 2012:183-196
4. **Sukhpal Kaur**, Puneet Bains, Amarjeet Singh. Health Promotion for Elderly. In. **Health Promotion: Need for Public Health Activism**. Amarjeet Singh et al (editors). Lambert Academic Publishing, Germany, 1<sup>st</sup> Ed. 2013: 416-438.
5. Puneet Bains, **Sukhpal Kaur**, Sushma K Saini, Amarjeet Singh. Health Promotion in Workplace Setting. In. Health Promotion: Need of Public Health Activism. Amarjeet Singh et al (editors). Lambert Academic Publishing, Germany, 1<sup>st</sup> Ed. 2013-Vol II: 61-82.
6. Manisha Nagi, **Sukhpal kaur**. Insertion of artificial airways and Use of AMBU bag. Clinical Neurosciences and Critical Care Nursing. Jaypee Medical Publishers, New Delhi, 1<sup>st</sup> Edition 2014 ISBN 978-93-5152-200-3
7. Manisha Nagi, **Sukhpal kaur**. Tracheostomy care. Clinical Neurosciences and Critical Care Nursing. Jaypee Medical Publishers, New Delhi, 1<sup>st</sup> Edition 2014 ISBN 978-93-5152-200-3
8. **Sukhpal kaur**, Manisha Nagi. Suctioning- Endotracheal, Oropharyngeal, tracheostomy. Clinical Neurosciences and Critical Care Nursing. Jaypee Medical Publishers, New Delhi, 1<sup>st</sup> Edition 2014 ISBN 978-93-5152-200-3
9. Sunita Bhagat, **Sukhpal Kaur**, Amarjeet Singh, Kanchan Kumar Mukherjee. Communication with the patients on ventilator/Tracheostomy Tube. Clinical Neurosciences and Critical Care Nursing. Jaypee Medical Publishers, New Delhi, 1<sup>st</sup> Edition 2014 ISBN 978-93-5152-200-3
10. **Sukhpal Kaur**. Prevention of pressure ulcers in critically ill patients. Clinical Neurosciences and Critical Care Nursing. In Kaur et al. Jaypee Medical Publishers, New Delhi, 1<sup>st</sup> Edition 2014 ISBN 978-93-5152-200-3
11. **Sukhpal Kaur**, Dheeraj Khurana, Ashok Kumar. Role of Nurse in Acute Stroke Management. Clinical Neurosciences and Critical Care Nursing. In Kaur et al. Jaypee Medical Publishers, New Delhi, 1<sup>st</sup> Edition 2014 ISBN 978-93-5152-200-3



12. **Sukhpal Kaur**, Hemant Bhagat. Nursing management of brain dead organ donors. In Kaur et al. Clinical Neurosciences and Critical Care Nursing. Jaypee Medical Publishers, New Delhi, 1<sup>st</sup> Edition 2014 ISBN 978-93-5152-200-3.
13. Manjeet Singh, **Sukhpal Kaur**. Common medical problems in elders. In Singh A et al. Comprehensive textbook of Elderly Care. Century Publications, New Delhi, 1<sup>st</sup> Edition 2014. ISBN: 978-81-88132-52-2.
14. **Sukhpal Kaur**, Manjeet Singh. Popularizing the concept of palliative Care for elderly in India. In Singh A et al. Comprehensive textbook of Elderly Care. Century Publications, New Delhi, 1<sup>st</sup> Edition 2014. ISBN: 978-81-88132-52-2.
15. **Sukhpal Kaur**, Neha Narula, Amarjeet Singh. Home based care Vs Institutional care of elderly. In Singh A et al. Comprehensive textbook of Elderly Care. Century Publications, New Delhi, 1<sup>st</sup> Edition 2014. ISBN: 978-81-88132-52-2.
16. **Sukhpal Kaur**, Neha Narula, Amarjeet Singh. Experiences of care of elderly in Old Age Homes of a North Indian city. In Singh A et al. Comprehensive textbook of Elderly Care. Century Publications, New Delhi, 1<sup>st</sup> Edition 2014. ISBN: 978-81-88132-52-2.
17. **Sukhpal Kaur**, Manjeet Singh. Rehabilitation of elderly. In Singh A et al. Comprehensive textbook of Elderly Care. Century Publications, New Delhi, 1<sup>st</sup> Edition 2014. ISBN: 978-81-88132-52-2.
18. Sandhya Ghai, **Sukhpal Kaur**. Geriatric Health. In: Mukhopadhyay A, Garg PL, Kaur N, editors. Reflections on Health Scenario of Punjab. 1<sup>st</sup> ed. New Delhi: Voluntary Health Association of India 2016: 92-9.
19. **Sukhpal Kaur**, Neha Channa. Advice for travelers with respect to food safety in India. In Dudeja et al Food safety implementation: from farm to fork. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi, Chapter 59, pp 478-483.
20. **Sukhpal Kaur**. Introduction to Nursing Research. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
21. **Sukhpal Kaur**. Statement of Research Problem. Introduction to nursing research. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
22. **Sukhpal Kaur**, Amarjeet Singh. Writing Research Objectives. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
23. **Sukhpal Kaur**, Amarjeet Singh. Review of literature. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.

24. Ishwarpreet Kaur, **Sukhpal Kaur**, Amarjeet Singh. Ethics in Nursing Research. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
25. **Sukhpal Kaur**. Research Approaches and Designs. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
26. **Sukhpal Kaur**. Sampling Techniques in Nursing Research. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
27. **Sukhpal Kaur**, Puja Dudeja, DR Basanar. Tools and Techniques of Data Collection. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
28. **Sukhpal Kaur**, Puja Dudeja, DR Basanar. Validity and Reliability of Research Tools. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
29. **Sukhpal Kaur**, Amarjeet Singh. Analysis and Interpretation of Data. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
30. Nitasha Sharma, **Sukhpal Kaur**. Writing References. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
31. **Sukhpal Kaur**, Amarjeet Singh. Communication and Utilization of Research findings. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
32. Ishwarpreet Kaur, **Sukhpal Kaur**. Writing Research Proposal. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
33. **Sukhpal Kaur**, Amarjeet Singh. Critical Review of Research Reports. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
34. Ashok Kumar, Gunjan Grover, Amarjeet Singh, **Sukhpal Kaur**. General Statistics: Methods and Concepts. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
35. Gunjan Grover, Amarjeet Singh, **Sukhpal Kaur**. Demography and Population Statistics. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.

36. Gunjan Grover, Amarjeet Singh, **Sukhpal Kaur**. Vital and Health Statistics. In Kaur S et al. Simplified Nursing Research and Statistics for Undergraduates. 1<sup>st</sup> Edition, 2016, CBS Publishers, New Delhi.
37. **Sukhpal Kaur**. Introduction to nursing Research In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 4-17.
38. **Sukhpal Kaur**. Nursing Research Process: An over view. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 20-29
39. Meghna Sharma, Siddharth Angrish, **Sukhpal Kaur**. Amarjeet Singh. Harnessing the potentials of artificial intelligence, cloud computing and machine learning in nursing research. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 32-39.
40. **Sukhpal Kaur**. Specialty wise issues of nursing research. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 44-49
41. **Sukhpal Kaur**, Amarjeet Singh. Statement of research problem. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 54-67.
42. **Sukhpal Kaur**, Amarjeet Singh. Writing research objectives. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 70-73.
43. **Sukhpal Kaur**, Amarjeet Singh, Lalita Dheer. Review of literature. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 75-88.
44. **Sukhpal Kaur**, Amarjeet Singh. Introduction to various research approaches and designs. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 128-136.
45. Nitasha Sharma, Devender Kumar Rana, **Sukhpal Kaur**, Sandhya Ghai. Experimental Research designs. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 150-162.
46. Kathirvel S, **Sukhpal Kaur**, Amarjeet Singh. Sampling techniques in nursing research. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 198-213.
47. Dashrath R Basanar, Puja Dudeja, **Sukhpal Kaur**. Tools used for data collection in Quantitative research. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 262-283.
48. Bhavneet Bharti, **Sukhpal Kaur**, Amarjeet Singh, Mr Ashok Kumar. Quantitative data analysis. Statement of research problem. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 314-324.

49. Neha Chanana, Jaideep Kumar, **Sukhpal Kaur**. Presentation and interpretation of quantitative findings. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 327-340.
50. Ishwarpreet Kaur, **Sukhpal Kaur**, Amarjeet Singh. Ethical issues in nursing research. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 432-442.
51. Ishwarpreet Kaur, **Sukhpal Kaur**, Amarjeet Singh. Writing research proposal. Ethical issues in nursing research. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 470-481.
52. **Sukhpal Kaur**, Amarjeet Singh. Communication and utilization of research findings. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 486-497.
53. Nitasha Sharma, **Sukhpal Kaur**. Writing the references. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 502-510
54. **Sukhpal Kaur**, Neelima Chadha, Meenu Singh. Communication and utilization of research findings. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 516-525.
55. Ashok Kumar, Gunjan Grover, **Sukhpal Kaur**, Amarjeet Singh, Ruchi Saini. General statistics: Methods and concepts. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 544-579.
56. **Gunjan Grover**, Amarjeet Singh, **Sukhpal Kaur**. Demography and population statistics. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 582-594.
57. **Gunjan Grover**, Amarjeet Singh, **Sukhpal Kaur**. Vital and health statistics. In Kaur S et al. Nursing Research in 21<sup>st</sup> Century. CBS publishers, New Delhi. First ed, Page 597-606.
58. Neha Chanana, RK Kanojia, Babita Ghai, **Sukhpal Kaur**, Amarjeet Singh. Prevention and management of low back pain in women through exercise and posture. In Singh AJ et al. Health empowerment of women: A desirable strategy in 21<sup>st</sup> century hospitals. Kaplaz Publications, Delhi. First edition, 2020. Page 57-164.
59. Meenakshi Sharma, MS Dhillon, **Sukhpal Kaur**, Amarjeet Singh. Non surgical interventions and exercises for knee osteoarthritis patients. In Singh AJ et al. Health empowerment of women: A desirable strategy in 21<sup>st</sup> century hospitals. Kaplaz Publications, Delhi. First edition, 2020. Page 165-232.

- 60. Sukhpal Kaur**, Gurpreet Singh, Amarjeet Singh, Parul Sharma. Care of breast cancer patients after surgery-A guide book for women with special emphasis on prevention of shoulder dysfunction and arm lymphedema. In Singh AJ et al. Health empowerment of women: A desirable strategy in 21<sup>st</sup> century hospitals. Kaplaz Publications, Delhi. First edition, 2020. Page 232-283.
- 61.** Amudeep Singh, Vanita Suri, Sushma Ghoshal, **Sukhpal Kaur**, Amarjeet Singh. Dealing with therapy related issues of cervical cancer-A guide book for patients/family caregivers. In Singh AJ et al. Health empowerment of women: A desirable strategy in 21<sup>st</sup> century hospitals. Kaplaz Publications, Delhi. First edition, 2020. Page 246-325.
- 62.** Amarjeet Singh, **Sukhpal Kaur**. Introduction to disability. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 3-6.
- 63.** Atul Sharma, **Sukhpal Kaur**, Amarjeet Singh. Determinants of satisfaction of family caregivers in hospital care of neurosurgery patients. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 424-451.
- 64.** Vishal Dhiman, **Sukhpal Kaur**, Amarjeet Singh. Caregiver's perspective on home based care of operated neurosurgery patients. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 425-452.
- 65.** Vishal Dhiman, **Sukhpal Kaur**, Amarjeet Singh. Comprehension and compliance with the discharge advice and QOL at home among the post operative neurosurgery patients discharged from hospital. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 470-479.
- 66.** Madhanraj K, **Sukhpal Kaur**, Amarjeet Singh. Involving family members in care provision of operated neurosurgery patients: An experience from PGIMER, Chandigarh. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 481-518.
- 67. Sukhpal Kaur**, Amarjeet Singh. How to look after bedridden patients at home: Guidelines for family caregivers (with special emphasis on bedsore prevention and management. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 519-564.

- 68. Sukhpal Kaur**, Amarjeet Singh. Community based bed sore prevention and management of bedridden elderly-Report of a DST sponsored project. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 584-593.
- 69. Sunita Kumari, Sukhpal Kaur**, Amarjeet Singh, KK Mukherjee. Communication with the patients on ventilator/tracheostomy tube. In Singh AJ et al. Advocating the cause of disability through research: Some examples from North India. Century Publication. First edition 2020, Page 594-604.
70. Asha Sharma, Harinder Jeet Goyal, **Sukhpal Kaur**. Nursing Management of elderly patients. In Principles and Practices of Geriatric Medicine 2025; ISBN 978-93-341. Modest Graphics (P) Ltd, New Delhi. Editor dr OP Sharma.

### **DEPARTMENTAL AND FUNDED RESEARCH PROJECTS**

**(Apart from guiding Doctorate, Postgraduate, and undergraduate nursing students)**

#### **Research projects (Completed)**

##### **I. Indian Council of Medical Research (ICMR), New Delhi**

1. Randomized Controlled Trial for Community-Based Bedsores Prevention and Management in Bedridden Patients at Chandigarh. **(ICMR, 2011-2015)**
2. An exploratory study on the assessment of nursing care needs of the elderly and the problems faced by them and the caregivers in the tricity, Chandigarh. **(ICMR, 2012-14)**
3. Effectiveness of a multidisciplinary care strategy to address the geriatric syndrome among the hospitalized elderly patients: A Quasi-experimental study **(ICMR, New Delhi, 2023-25)**

##### **II. Department of Science and Technology, New Delhi**

1. Quality Care Audit of Old Age Homes of Chandigarh and Comparative Efficacy of Intervention for Inmates and for Community-Based Bedsores Prevention and Management of Bedridden Elderly. **(DST-TIE, New Delhi, 2010-2013).**
2. Awareness generation and dissemination of knowledge and skills about recent advances in nutrition and food safety for empowering the stakeholders in North India. **(DST, New Delhi: 2015-17)**

##### **III. Department of Science and Technology, UT, Chandigarh**

1. An exploratory study on assessment of quality of life, issues, challenges, and myths amongst the survivors of breast cancer after five years of treatment in tricity, Chandigarh: A hospital and community-based study. **(DST, UT: 2013-15)**

2. Comparative impact of two intervention packages on quality of life in patients having knee osteoarthritis reporting at PGIMER, Chandigarh: A hospital-based RCT. **(DST, UT: 2014-15)**

#### **IV. Department of Biotechnology, New Delhi**

1. **DBT, New Delhi:** Impact of two educational interventions on the quality of life amongst the patients undergoing mastectomy: A Randomized Controlled Trial. **(DBT, New Delhi, 2012-17)**

#### **V. PGIMER, Research Scheme**

1. Epidemiology of Bedsore Amongst the Admitted Patients and Related Care Practices in Selected Wards of Nehru Hospital, PGIMER, Chandigarh. **(PGI-2010-12)**
2. A comparative study to assess the extent of burden experienced and the coping strategies adopted by the caregivers of orthopedic patients undergoing planned and emergency surgeries in Nehru hospital. (PGI 2011-12)
3. A quality care audit regarding use of inhalation therapy by children with asthma in the hospital and community settings of Chandigarh. **(PGI-2011-13)**
4. A comparative study to assess the extent of burden experienced and the coping strategies adopted by the caregivers of orthopedic patients undergoing planned and emergency surgeries in Nehru hospital. **(PGI-2011-13).**
5. Exploring the Knowledge, Attitudes and Practices of nurses regarding Hepatitis B Virus (HBV) infection in PGIMER, Chandigarh **(PGI-2013-14)**
6. Comparative Efficacy of Two Strategies using hospital and home based 'Post Stroke Care Guidelines' for enhancing the QOL amongst the stroke patients in Tricity Chandigarh: A Randomized Controlled Trial (PGI-2013-15)
7. Impact of information-based technology intervention strategies on quality of life of the post-operative neurosurgery patients and their caregivers. **(PGI-2019-2021).**

#### **VI. Nursing Research Society of India (NRSI)**

1. Prevalence and Predictors of Selected Geriatric Syndromes in Evaluating the Adverse Outcome of Hospitalization Amongst the Elderly Patients Admitted in the Medical Units of a Tertiary Care Hospital: A Cross-sectional Analytical Study **(NRSI sponsored)**
2. A randomized controlled trial to study the effectiveness of cold therapy (cold mittens and socks) on the prevention of chemotherapy-induced peripheral neuropathy (CIPN) in cancer patients receiving neurotoxic drugs attending chemotherapy units, PGIMER, Chandigarh (A pilot study) **(NRSI sponsored).**

## **VII. Departmental Research Project (Non-funded)**

- 1.** Level of empathy amongst the nursing students. (2009-2010) **(Departmental)**
- 2.** Awareness of the nursing personnel working in the intensive care unit regarding Bispectral Index Monitoring. (2009-2010) **(Departmental)**
- 3.** A study to assess the morbidity and mortality status amongst the road traffic accident (RTA) victims at Nehru Hospital, PGIMER, Chandigarh. **(Departmental) (2010-2011)**
- 4.** Stress and burnout among nurses working in selected critical care units and wards of Nehru Hospital, PGIMER, Chandigarh. **(2010-2012). (Departmental)**
- 5.** EXCESSIVE DAYTIME SLEEPINESS (EDTS): Prevalence, pattern, determinants among nursing students, NINE, PGIMER, Chandigarh. **(2010-2012). (Departmental)**
- 6.** Attitude and perception of nursing professionals working in real time remote monitoring of doffing for the prevention of Covid-19 infection among the health care workers. **(departmental, 2020-21)**
- 7.** Using personal protective equipment: Personal experiences amongst the Front line health care professionals worked at NHE, PGIMER, Chandigarh. **(departmental, 2020-21)**
- 8.** A study on problems and coping strategies of parents on e-learning and home-schooling of their children during closure of schools due to Covid-19 pandemic **(departmental, 2020-21)**
- 9.** Health care professionals' knowledge, beliefs, perceptions and perceived stigma about covid-19: An online cross-sectional survey. **(departmental, 2020-21)**
- 10.** A study to assess the perception and experience of the nurses who provided care to patients of COVID-19 in isolation ward or ICU of a tertiary care centre, North India **(departmental, 2020-21)**
- 11.** Satisfaction level of front-line workers regarding doffing process through Audio Visual (AV) Communication system in NHE, PGIMER, Chandigarh. **(departmental, 2020-21)**
- 12.** Web based teaching/learning: Satisfaction level amongst the nursing teachers/ students: A cross sectional survey **(departmental, 2020-21)**
- 13.** A phenomenological study on the lived experiences of COVID 19 positive Health Care Workers (HCW'S): A multicentric study. **(departmental, 2020-21)**
- 14.** A study on health-related challenges and related interventions being practiced by the general population during lockdown due to COVID -19 pandemic. **(departmental, 2020-21)**



15. A phenomenological study on lived experiences of family members of COVID 19 patients during quarantine **(departmental, 2020-21)**
16. A study on problems faced and coping strategies being practiced by the transgender population during lockdown due to COVID -19 pandemic. **(departmental, 2020-21)**
17. Concerns and issues towards Covid 19 vaccination amongst the adult population: A North Indian study **(departmental, 2020-21)**
18. Evaluation of side effects of Covid vaccine amongst the health care professionals vaccinated against Covid 19: A multicentric cross sectional survey **(departmental, 2020-21)**
19. Perceptions and perceived barriers regarding proning among nurses of a tertiary care centre in India **(departmental, 2020-21)**
20. Evaluation of side effects of Covid vaccine amongst the general public vaccinated against Covid 19. (Departmental, 2022-23)

#### **VIII. Research projects (Ongoing)**

1. Effectiveness of Cold therapy on Chemotherapy-Induced Febrile Neutropenia amongst the patients under chemotherapy. **(ICMR, New Delhi)**
2. Risk Factors and Risk Prediction of Cardiovascular Diseases among Nurses Aged More Than 40 Years: A Survey in North India. **(TNAI, New Delhi)**
3. Epidemiology and predictive factors for geriatric fractures: the Chandigarh geriatric fracture study (Science and Engineering Research Board -**SERB**)
4. A study to identify the factors contributing to the retention and migration of the nursing and midwifery workforce in the Northern States of India. **(Non-funded)**
5. Effectiveness of Support group approach on quality of life of patients with isolated post-traumatic amputations: A Quasi-experimental study. (Non-funded)

#### **IX. Project submitted for funding to ICMR, New Delhi**

The following **four projects** have been submitted to the Indian Council of Medical Research. The first three are as Principal Investigator and the fourth one as co-PI. The funds are awaited.

1. A study to evaluate the impact and sustainability of 'Common Yoga Protocol' on physiological, psychological, biochemical, and cognitive parameters among nursing students, PGIMER, Chandigarh.
2. Anaemia Mukta Abhiyan- Effectiveness of an 'Interventional Package' on anemia status among women in the reproductive age group of Chandigarh: A Community-Based Time Series Design

3. Developing a multidisciplinary 'Nurse-Driven Antibiotic Stewardship Model (NDASM)' for various healthcare systems to optimize rational antibiotic use: Operational research.
4. Improving Community Health-Seeking Behaviour: Bridging CHO Skill Gaps through a Behaviour Change Communication Model for Effective Non-Communicable Diseases Awareness Risk Reduction.

### **AWARDS AND HONOURS**

1. 1<sup>st</sup> prize for Poster presentation on 'Prevention of stroke—role of nurses'. Presented at 31<sup>st</sup> SINNCON 2010 being organized by Society of Indian Neuroscience Nurses in collaboration with 59<sup>th</sup> Annual Conference of Neurological Society of India and Congress of Neurological Surgeons, USA at B.M. Birla Science & Technology Centre, Jaipur from 17<sup>th</sup> – 19<sup>th</sup> December, 2010. (co-author)
2. Awarded Best Paper Award (Quality Care Audit of Old Age Homes In a North Indian City) at the National Conference of Indian Academy of Geriatrics held at Chennai on 14<sup>th</sup> -15<sup>th</sup> Dec 2013.
3. 1<sup>st</sup> prize in oral presentation at 3<sup>rd</sup> Annual conference of Neurological Surgeon's Society of India. NSSI-Neurosciences Nursing Symposium held at Rishikesh, UK from 28<sup>th</sup> Feb-2<sup>nd</sup> March 2014. Effect of an intervention on Performance regarding change of tracheostomy tube among the caregivers of the patients. (Co-author)
4. Best paper award-First prize: Gold Medal at National conference of Indian Academy of Geriatrics held at Bangalore on 10<sup>th</sup> and 11<sup>th</sup> Oct 2014.
5. Best paper award (RCT on enhancing the quality of life of elderly bedridden patients: Reducing the caregiving burden on the community through training of caregivers on Home Based Care provision) at an International conference on Evidence Informed Practice: An approach to Health care Reform, held at Manipal from 23-25 January, 2015.
6. Best paper (poster) award (Experiences of implementing a nursing approach for management and prevention of bedsores among bedridden patients: A Mixed method approach) at an International conference on Evidence Informed Practice: An approach to Health care Reform, held at Manipal from 23-25 January, 2015.
7. First prize (co-author): Assessment of effect of 'Coma Stimulation Technique' on comatose patients with traumatic brain injury with respect to consciousness and changes in brain functioning at 36<sup>th</sup> National Annual Conference of the Society of Indian Neuroscience Nurses (SINNCON 2015) held along with **64<sup>th</sup> Annual Conference of the**

**Neurological Society of India (NSI), from 17th – 20th December, 2015 at Hyderabad International Conference Centre, Hyderabad.**

8. Awarded for publishing in a high-quality research work (high impact factor) on 5<sup>th</sup> Annual Research Day of PGIMER, Chandigarh on 7<sup>th</sup> Oct 2017.
9. First prize. Effect of mHealth on the quality of life in breast cancer survivors: Study design for RCT. Presented at IAMBSS CON, on Oct 2019 at PGIMER, Chandigarh. (co-author)
10. Second prize: Medical Application based Post Stroke Strategy (MAPSS) for stroke survivors and their caregivers. Presented at IAMBSS CON, on Oct 2019 at PGIMER, Chandigarh. (co-author)
11. Second prize. Evaluation of the effectiveness of a Nursing Intervention Protocol on nurses' and caregivers' knowledge and practice regarding chemotherapy induced neutropenic complications: A cluster randomized control trial. Presented at 4<sup>th</sup> Asian oncology nursing conference held at TMH Mumbai from 13-15 Nov 2019. (co-author)
12. Awarded Paul Dudley White International Scholar Award 2020 by The American Heart Association.
13. Best paper awards (co-author) for "Atijivita (a mobile app) study protocol: A Randomized controlled trial to evaluate a mobile app for improving health related quality of life of patients with breast cancer" Virtually organized by WCI-TMH from October 1-2, 2021; "
14. **3<sup>rd</sup> prize** (Poster Presentation) entitled "Health problems and experiences of breast cancer survivors after completing conventional treatment: A mixed method study". National Conference of Nursing Research Society of India at NINE from 2-4 Nov 2023. (co-author)
15. **3<sup>rd</sup> Prize** (oral presentation) entitled "Effect of mobile phone app-based training on the quality of life for women with breast cancer: A RCT" at International Women's cancer conference jointly organized by PGIMER Chandigarh and ASCO USA from 1-3<sup>rd</sup> Dec 2023. (Co-author)
16. 1<sup>st</sup> Prize in poster presentation entitled 'A Mobile App based Rehabilitation Interventions for Breast Cancer Survivors for Prevention and Management of post-treatment complications, A RCT at EBSCON 2024, 6-7 Dec 2024.
17. Awarded the Maharani Ahilyabai Holkar Award 2024 for the exemplary contribution to a greater social cause and women's leadership.

**ORGANIZER/RESOURCE FACULTY/PAPER PRESENTER –CONFERENCE,  
SEMINARS, WORKSHOPS**

**a. Organizer -Local/state level**

1. Organized the following workshops for the nurses at NINE, PGIMER, Chandigarh
  - a. Clinical skills in the administration of medications. (4 times)
  - b. Palliative care of cancer patients: role of a nurse (3 times)
  - c. Hepatitis B: nursing management (2 times)
  - d. Barrier nursing (2 times)
  - e. Nursing practice standards (4 times)
  - f. Biomedical technology for nurses (2 times)
  - g. Role of a nurse in disaster management.
  - h. Role of a nurse in the management of critically ill patients.
  - i. Workshop on Basic nursing techniques. -1 to 10<sup>th</sup> Nov 2000.
  - j. Workshop on Dietary needs of a patients: Role of a nurse- 23<sup>rd</sup> May – 1<sup>st</sup> June 2001
  - k. Workshop on Dietary needs of a patients: Role of a nurse- 27<sup>th</sup> May – 5<sup>th</sup> June 2002
  - l. Workshop on Practice of body mechanics by nurses –6 to 15<sup>th</sup> June 2010.
  - m. Workshop on Nursing management of a patient with brain disorders. -8<sup>th</sup> – 17 May 2006.
  - n. Workshop on Evidence based nursing practice-27<sup>th</sup> Sept to 6<sup>th</sup> Oct 2010.
  - o. Organized celebration of WHO day 2012 at NINE, PGIMER, Chandigarh.
  - p. Strike Out Stroke 16 Sept, 2012 at PGIMER, Chandigarh
  - q. Workshop on Care of bedridden patients: Issues and Challenges, 16<sup>th</sup> March 2013.
  - r. 7<sup>th</sup> April, World Health Day, 2013-Theme: Blood pressure: Take control
2. Seminar on World Stroke Day on 29<sup>th</sup> Oct 2014 at NINE, PGIMER, Chandigarh.
3. 1<sup>st</sup> workshop on awareness generation and dissemination of knowledge and skills about recent advances in nutrition and safety. Organized by school of public health and NINE, PGIMER, Chandigarh in Oct 2015.
4. Symposium on HIV/AIDS on World AIDS day 1<sup>st</sup> Dec 2015 at NINE, PGIMER, Chandigarh
5. Workshop on Training of Teachers (TOT) on Tuberculosis Care and Control Training for nurses under the GFATM Round 7 at NINE from 4<sup>th</sup> to 6<sup>th</sup> Feb 2015.
6. 2<sup>nd</sup> workshop on awareness generation and dissemination of knowledge and skills about recent advances in nutrition and safety. Organized by school of public health and University Institute of Hotel and Tourism Management, PU Chandigarh from 8<sup>th</sup> to 11<sup>th</sup> Feb 2016.
7. Organized a seminar during nurses' week celebration on behalf of TNAI, UT branch Chandigarh on 13<sup>th</sup> May, 2016 at NINE, PGIMER, Chandigarh.

8. Organized a seminar during nurses' week celebration on behalf of TNAI, UT branch Chandigarh on 13<sup>th</sup> May, 2017 at NINE, PGIMER, Chandigarh.
9. Organized a seminar during nurses' week celebration on behalf of TNAI, UT branch Chandigarh on 15<sup>th</sup> May, 2018 at NINE, PGIMER, Chandigarh.
10. Workshop on Role of Nurses in Triage and Disaster Preparedness at NINE, PGIMER, Chandigarh, 10<sup>th</sup> July, 2018
11. Organized four days course on Evidence Based Nursing Practice from 5<sup>th</sup> to 8<sup>th</sup> Sept 2018 at NINE, PGIMER, Chandigarh
12. Organized one day Workshop on Evidence Based Nursing Practice on 16 Feb 2019, at NINE, PGIMER, Chandigarh.
13. Organized one day Nursing symposium during the International Nurses' Week celebration on 14<sup>th</sup> May 2019.
14. Resource person in a pre-conference workshop –2<sup>nd</sup> National Critical care Nursing Congress. 1<sup>st</sup> Feb 2020 at PGIMER, Chandigarh.
15. Organized a series of webinars for nursing personnel on COVID-19 in the month of April 2020.

**b. Organizer-National/International**

1. Organized One day CNE programme on 'Pediatric Intensive Care Nursing' in collaboration with the Department of Cardiothoracic, PGIMER, Chandigarh, at NINE, PGIMER, 25<sup>th</sup> October, 2009
2. Organized a workshop on "Challenges in Nursing care for the elderly" at the XIIIth Annual Conference of Indian Academy of Geriatrics held at GMCH, in 30<sup>th</sup> Nov 2015.
3. Organized nursing symposium as part of NSSI 2016, 31 March-2<sup>nd</sup> April, 2016 at Sri Nagar.
4. Organized Nursing symposium as part of NSSI 2017 on 17<sup>th</sup> Feb, 2017 at PGIMER, Chandigarh
5. Organized Nursing symposium as part of NSSI 2018 on 24<sup>th</sup> Feb, 2018 at KGMU, Lucknow.
6. Organized Nursing symposium as part of NSSI 2019 at Gauhati Medical College on 2<sup>nd</sup> March, 2019
7. EBCON 2019, National conference and workshop on Evidence Based Medicine, at NINE, PGIMER, Chandigarh on 16<sup>th</sup> Feb, 2019.
8. Nursing Research Society of India Zonal conference at NINE, PGIMER, Chandigarh on 14-16<sup>th</sup> March 2019.
9. Organized Symposium on the theme Nurses: A Voice to Lead - A vision for future healthcare during nurses' week on 13<sup>th</sup> May, 2021.
10. Organized webinar on Orthopedic and rehabilitation nursing, 11<sup>th</sup> June, 2021

11. Organized training sessions (TOT) for training of staff nurses in critical care (ICU and Covid Care) for adult and pediatric patients by State Institute of Health and Family Welfare, Panchkula (Haryana) in collaboration with NINE, PGIMER, Chandigarh on 23<sup>rd</sup>, 24<sup>th</sup> July and 3<sup>rd</sup> and 4<sup>th</sup> August, 2021
12. Organized 2<sup>nd</sup> National e conference on Nursing Research in 21<sup>st</sup> century: Impact on Nursing practice, 11<sup>th</sup> to 13<sup>th</sup> March 2022.
13. Organized Two days workshop was organized on 'Forensic Nursing' on April 19-20, 2023;
14. Organized One day workshop on 'Mental Health – Self-Care' on April 21, 2023;
15. Organized Six workshops of 7 days duration each, funded by the Ministry of Health and Family Welfare, Government of India, New Delhi on 'Role of Community Health Nurse in Prevention and Management of NCDs', July 31-August 06, 2023; 'Importance of Research in the clinical setting: Evidence based Nursing Practice', August 21-August 27, 2023; 'Assessment & Management of Childhood Psychiatric Disorders - A Nursing Perspective', September 19-25, 2023; 'Empowering Nurse Educators with Teaching Learning Process', November 29- December 5, 2023; 'Patient Safety', January 15-21, 2024; 'Obstetric Emergencies', February 12-18, 2024;
16. Organized 27<sup>th</sup> Annual National Conference of Nursing Research Society of India on the theme Mixed Method Research organized by National Institute of Nursing Education, PGIMER Chandigarh, November 2-3, 2023; Post Conference workshop of 27<sup>th</sup> Annual National Conference of Nursing Research Society of India on the theme Sampling Techniques, November 4, 2024;
17. Organized One day symposium on 'Essential newborn care' organized by SOMI Chandigarh Chapter in collaboration with NINE, December 22, 2023;
18. Organized 6<sup>th</sup> two days course on Role of Nurse Practitioner in Prevention and Management of Chronic NCDs on January 11-12, 2024;
19. Organized symposium on Neglected Tropical Diseases with theme: Unite, Act, Eliminate in collaboration with IADVL EC & SIG, January 30, 2024;
20. Organized 'Rapid Response Nursing- Integrating Medical Excellence in Nursing Practice' in collaboration with Division of Acute Care and Emergency Medicine, Department of Internal Medicine, PGIMER, Chandigarh from March 15-17, 2024.

**c. Resource faculty/presentation-local/state level**

1. Resource faculty at CNE on Recent Advances in Paediatric Nursing at Command hospital, Chandimandir from 21<sup>st</sup> to 31<sup>st</sup> Oct 2002.

2. Delivered a talk on Steps of development of tool in a workshop on Research Methodology, 9<sup>th</sup> Feb 2013, at NINE, PGIMER, Chandigarh.
3. Delivered a talk on Demonstration of identification of risk factors of Non communicable diseases in a workshop on Community Based prevention and management of NCDs, 2<sup>nd</sup> March 2013, at NINE, PGIMER, Chandigarh.
4. Delivered a talk on prevention and management of bedsores in bedridden patients in a workshop on Care of bedridden patients: Issues and Challenges, 16<sup>th</sup> March 2013.
5. Workshop on Nursing Informatics, 27<sup>th</sup> April, 2013, NINE, PGIMER, Chandigarh
6. 'Nurses' knowledge and skill: Better patient care' in a symposium organised during nurses' week at PGIMER, Chandigarh. (14<sup>th</sup> May 2014).
7. 'Women and Stroke' on World Stroke Day organized at NINE, PGIMER, Chandigarh on 29<sup>th</sup> Oct 2014.
8. 'Nursing care of elderly/disabled women' in an ICMR National Seminar on "National seminar on sensitization of Obstetrics and Gynecology (OBG) experts on sexual and reproductive health (SRH) concerns of women with disabilities and the need for disabled friendly OBG services in hospitals" organized by deptt of Obs and gynae, PGIMER, Chandigarh on 30<sup>th</sup> Oct, 2014.
9. Prevention of bedsores in elderly patients, in a workshop for the caregivers organized by Help Age India at Palsora, UT, Chandigarh, on 22<sup>nd</sup> Dec 2014.
10. 'Low back pain among nurses: Experience and Solutions' in an ICMR seminar on Orientation training of female medical and paramedical hospital employees and students of Chandigarh on measures to prevent and reduce low back pain on 10<sup>th</sup> Feb 2015.
11. 'Women and Stroke' on World Stroke Day organized at NINE, PGIMER, Chandigarh on 29<sup>th</sup> Oct 2015.
12. 'Palliative care: Nursing Issues' at contact program on Palliative care by Essentials of Palliative Care at deptt. of Radiotherapy, PGIMER, Chandigarh on 21 Nov 2015.
13. 'Comprehensive Care of People Living with HIV or AIDS' at a workshop for paramedical health care professional organized at ITBP, Chandigarh on 17 Dec 2015.
14. 'Food safety: definition / concepts / problem statement' in an ICMR sponsored workshop on Food Safety Organized by school of public health and University Institute of Hotel and Tourism Management, PU Chandigarh from 8<sup>th</sup> to 11<sup>th</sup> Feb 2016.
15. 'Research data sharing from studies on food safety done by Punjab University and School of Public Health, PGIMER', in an ICMR sponsored workshop on Food Safety Organized by

school of public health and University Institute of Hotel and Tourism Management, PU Chandigarh from 8<sup>th</sup> to 11<sup>th</sup> Feb 2016.

16. 'Women: Social life –Low back pain' at an ICMR sponsored CME Organized by School of Public Health, PGIMER, Chandigarh on 24<sup>th</sup> Feb 2016.
17. 'Health system Resilience' at a national seminar organized by TNAI on 13<sup>th</sup> May 2016, at NINE, PGIMER, Chandigarh.
18. 'Evidence Based Nursing Practice' in Induction program for newly joined nurses at PGIMER, Chandigarh (6 times) in 2016.
19. 'Head injury – nursing care' at 1<sup>st</sup> National CME on Neuro-Socio-Psycho Rehabilitation "NSPRSABHCME – 2016" Organized by deptt of Neurosurgery, PGIMER, Chandigarh on 27<sup>th</sup> Feb 2016.
20. Delivered a talk in a seminar during nurses' week celebration on behalf of TNAI, UT branch Chandigarh on 13<sup>th</sup> May, 2017 at NINE, PGIMER, Chandigarh.
21. 'Long term follow up and experiences of successfully using a counseling room approach in solving issues of breast cancer patients' at an ICMR sponsored seminar on "Attitude and Communication Competencies (ATCOM) related training of doctors, nurses and medical students through counseling room approach to solve pre and post therapy health issues faced by Gynaecological cancer patients" organized by School of Public Health, PGIMER, Chandigarh on 29<sup>th</sup> Sept 2017
22. Food safety: Definition, concepts, problems, statement, types and gaps at a workshop on Awareness generation and dissemination of knowledge and skills about recent advances in Nutrition and Food Safety organized at MCM, DAV College Chandigarh on 23<sup>rd</sup> Nov 2017.
23. Communicating with women with disability in a MCI sponsored seminar organized by deptt of Community Medicine and Obs and Gyane, PGIMER, Chandigarh on 21<sup>st</sup> Nov 2017.
24. Delivered a talk on a seminar during nurses' week celebration on behalf of TNAI, UT branch Chandigarh on 15<sup>th</sup> May, 2018 at NINE, PGIMER, Chandigarh.
25. Workshop on Role of Nurses in Triage and Disaster Preparedness at NINE, PGIMER, Chandigarh, 10<sup>th</sup> July, 2018
26. Delivered a talk on Hypertension control: Role of nurses at a seminar on NCD at NINE, PGIMER, Chandigarh on 16 August , 2018.
27. Delivered two talks on four days course on Evidence Based Nursing Practice from 5<sup>th</sup> to 8<sup>th</sup> Sept 2018 at NINE, PGIMER, Chandigarh



28. Delivered a talk on Streamlining home nursing care through app-based care coordination with special reference to care of geriatric and bedridden patients at a MCI sponsored seminar at PGIMER Chandigarh on 11<sup>th</sup> Jan 2019.
29. Delivered a talk on How to publish Systematic Review at Workshop on Evidence Based Nursing Practice on 16 Feb 2019, at NINE, PGIMER, Chandigarh.
30. Delivered a talk on Experiences of successfully using a counseling room approach in solving issues of breast cancer patients at a MCI sponsored seminar at PGIMER, Chandigarh on 26 Feb 2019.
31. Delivered a talk on Oncology Nutrition: Nursing Issues at CME on nutrition organized by deptt of dietetics, PGIMER Chandigarh on 1<sup>st</sup> Sept 2019.
32. Delivered a talk on Evidence Based Nursing Practice at a symposium on International Nurses Week 2019 at NINE, PGIMER, Chandigarh.
33. Delivered a talk on Care of the peripheral lines at One day CNE at NINE, PGIMER, Chandigarh on 16<sup>th</sup> April 2019.
34. Delivered a talk on **Role of mHealth in nursing Management of the patients** at IAMBSSCON 2019, 19<sup>th</sup> Oct 2019 at PGIMER, Chandigarh.
35. Delivered a talk on Geriatric care of the bedridden patients: experiences from the field at PU, Chandigarh on 26<sup>th</sup> April, 2019.
36. Delivered a talk on **Ethics for nurses in every day practice** at workshop organized at Kular, CON, Kular, Punjab on 8<sup>th</sup> May 2019.
37. Delivered a talk on **Palliative Care: Nursing issues** at IAPC certificate course in essentials of palliative care at GMCH, Sector 32, Chandigarh on 10<sup>th</sup> June, 2019.
38. Delivered a talk on Stress and Burn out syndrome in the ICU nurses at 2<sup>nd</sup> National Critical Care Nursing Congress on 1-2 Feb 2020 at PGIMER, Chandigarh.
39. Delivered a talk on prevention and control of Hypertension: Role of nurses at a Two days course on NCD at NINE, PGIMER, Chandigarh on 3<sup>rd</sup> Feb, 2020.
40. Delivered a talk on Pathogenesis and clinical presentation of Covid 19 on 17 April 2020 at PGIMER, Chandigarh
41. Delivered a talk on Nurses Role in nutrition on World food day at NINE, PGIMER, Chandigarh.

#### **d. Resource faculty/presentation-National/International**

1. Delivered lecture on '**Resuscitation at Site**' at International Critical Care Congress, Feb 8<sup>th</sup> – 11<sup>th</sup>, 2003 at BM Birla Auditorium, Jaipur.

2. Delivered Tele **CME session for Bhutan on Nursing management** of the child on mechanical ventilation. Sept 2010.
3. Delivered Tele **CME session for Nepal on Nursing management** of the child on mechanical ventilation. 22 Dec 2010.
4. Delivered a talk on **Concept of Nursing Informatics: Required Competencies for Nurses** at International conference on Nursing Informatics on 10-11 Oct 2011 at Akal College of Nursing, Baru Sahib, Himachal Pradesh.
5. Delivered a talk on Palliative care for elderly at **8<sup>th</sup> International Conference On Geriatric Care (GCICON)**. Organized at Amritsar on 5-6 Nov, 2011.
6. Faculty at a Workshop on Evaluation: An Accountability of Nurse Educator (16<sup>th</sup> -17<sup>th</sup> May 2012), at Rayat and Bahra College of Nursing, Mohali.
7. Faculty at Continuing Nursing Education (CNE) on Pain Management Strategies' held on 4<sup>th</sup> -5<sup>th</sup> Nov 2012 at Pushpanjali College of nursing, Agra.
8. Faculty at Third International Conference of the Carcinogenesis Foundation held on 19<sup>th</sup>-21<sup>st</sup> Nov 2012 at RML hospital and PGIMER, New Delhi.
9. Delivered a talk on **Challenges in Nursing research** at International conference on Global Nursing at Baru Sahib on 1<sup>st</sup> -2<sup>nd</sup> December, 2012.
10. Neurocon 2012, 33<sup>rd</sup> Annual conference of society of Indian Neuroscience nurses. 18-22 Dec 2012, New Delhi
11. Delivered a talk on **Role of Nurse during thrombolysis**. Conference on 'Strike Out Stroke', organized by deptt of Neurology, PGIMER, Chandigarh. 16<sup>th</sup> Sept 2012. (chairperson)
12. Delivered a talk at SINNCON 2012, 20<sup>th</sup> Dec at Gurgaon
13. Delivered a talk on **Role of Forensic Nurse in Geriatric Battering** at 2<sup>nd</sup> conference of Indo-Pacific Academy of Forensic Nursing Science, 8<sup>th</sup> to 9<sup>th</sup> April 2013 at Guru Nanak Mission Medical College and Guru Nanak College of Nursing, Dhahan Kaleran, Nawanshahr, Punjab.
14. Delivered a talk on **Caring patients with Urinary diversions** at 47<sup>th</sup> annual conference of the Urological Society of India (UCICON 2014) at New Delhi on 29<sup>th</sup> Jan 2014.
15. Delivered a talk on **Trends in Care of Inpatients** at a conference on Nursing Trends in India organized by Jaypee Medical Publishers at Rattan professional College, Sohana, Punjab on 22<sup>nd</sup> Feb 2014.
16. Delivered a talk on **Infection Control** in Foundation Oncology Skills Workshop for Pediatric Nurses organized by PODC subgroup of CCLG UK and Pediatric Hematology Oncology Chapter of IAP held at APC, PGIMER, Chandigarh on 15-16 Feb 2014.

17. Delivered a talk on **Traumatic Head Injury: Recent Innovations in Nursing Care** at Neurosciences Nursing Symposium: Promoting Clinical Excellence in Neuro-Nursing organized by 3rd Annual Conference of the Neurological Surgeon's Society of India (NSSI) on 1st March, 2014, at, AIIMS, Rishikesh, Uttarakhand.
18. Delivered a talk on **How to write a scientific paper** at "WARM- 2014: Workshop on Advanced Research Methodology"- Significance to Public Health & Evidence Based Practice in Nursing, on 22<sup>nd</sup> March, 2014, at SGRD, Pandher, Amritsar.
19. Delivered a talk on **Publication of Research Article** at "WARM- 2014: Workshop on Advanced Research Methodology"- Significance to Public Health & Evidence Based Practice in Nursing, on 22<sup>nd</sup> March, 2014, at SGRD, Pandher, Amritsar.
20. Delivered a talk on **Home care of terminally ill cancer patients'** in an ICMR sponsored seminar on 'Silent Shricks': Cancer Care: Treatment, Research and Beyond, at SGRD, Amritsar on 26<sup>th</sup> April 2014.
21. Resource person at a Workshop on HIV/AIDS at Eternal University, Akal College of Nursing, Baru Sahib, HP, 10-12 Oct 2014.
22. Delivered a talk on '**Communication of research report**' in a workshop at Saraswati Nursing Institute Kurali on 15<sup>th</sup> May 2014.
23. Delivered a talk on '**Changing dimensions in Breast Cancer Care**' at 16<sup>th</sup> National and 3<sup>rd</sup> International Oncology Nursing conference at TMH, Mumbai from 13<sup>th</sup> to 15<sup>th</sup> Nov 2014.
24. Delivered a talk on '**Evidence-Based Practice –Core Concepts**' on 35<sup>th</sup> Annual Conference of Society of Indian Neuro Sciences Nurses along with 63<sup>rd</sup> NSICON 2014 at Coimbatore, from 12-15 Dec 2014.
25. Delivered a talk on '**Stroke- emergency Management**' on 35<sup>th</sup> Annual Conference of Society of Indian Neuro Sciences Nurses along with 63<sup>rd</sup> NSICON 2014 at Coimbatore, from 12-15 Dec 2014.
26. Delivered a talk on **Post thrombolysis monitoring and the Stroke Nurse** at 10<sup>th</sup> Annual Conference of the Indian Stroke Association from 13<sup>th</sup> -15<sup>th</sup> March 2015
27. Delivered a talk on '**Sample and sampling technique**' in a national workshop organize by State college of Nursing, Dehradun, UK, on 24<sup>th</sup> March 2015.
28. National conference on Chemotherapy Errors and Pathetic Palliative Care: From Rheotorism to Clinical Competence at Gyan Sagar Colleege of Nursing , Rajpura, Patiala 25,26 March 2015

29. Delivered a talk on **‘Coping with stress of illness and hospitalization among caregivers of children; Nursing Interventions’** at SGRD, Pandher, Amritsar from 10 to 12 April 2015.
30. Delivered a talk on **‘Febrile Neutropenia and sepsis’** at a workshop on pediatric oncology for nurses at Suraj Gupta Cancer Research Centre and Research Institute at Kolkata on 18<sup>th</sup> and 19<sup>th</sup> April 2015 and at Bharti Vidyapeeth Hospital, Pune, 19<sup>th</sup> - 20<sup>th</sup> April 2015.
31. Delivered a talk on **‘Assessment: The key to personal centered management’** in an NAMS Regional Seminar on Nursing care of patients with diabetes mellitus type 2 at SGRD Vallah, Amritsar, 23 April, 2015
32. Delivered a talk on **Nursing priority area in clinical research at 3<sup>rd</sup> Nursing Society of India conference** NZ, collaborative research to improve patient care through clinical research, CMC, Ludhiana, 16-17 Oct 2015.
33. Resource person at GERICON, 2015, 30 Oct-1 Nov, GMCH, Sector 32, Chandigarh
34. Delivered a talk on **‘Maximizing the community outreach of nursing professionals: Innovation through training of caregivers of bedridden patient at National Conference on Innovative Approaches in Public Health’** at AFMC, Pune from 18<sup>th</sup> to 20<sup>th</sup> Nov 2015.
35. Delivered a talk on **‘Infection Control’** at a workshop on pediatric oncology for nurses at Suraj Gupta Cancer Research Centre and Research Institute at Kolkata on 18<sup>th</sup> and 19<sup>th</sup> April 2015 and at Bharti Vidyapeeth Hospital, Pune, 19<sup>th</sup> - 20<sup>th</sup> November 2015.
36. Delivered a talk on **‘Common complications after stroke: Keys to prevention & management’** at the 36th National Annual Conference of the Society of Indian Neuroscience Nurses (SINNCON 2015) held along with **64th Annual Conference of the Neurological Society of India (NSI), from 17<sup>th</sup>-20<sup>th</sup> December 2015** at **Hyderabad International Conference Centre, Hyderabad.**
37. Delivered a talk on **‘Sensitizing health professionals regarding policies and acts for men’** at 10<sup>th</sup> Men’s Health World Congress held from 26th to 28th February 2016 at the Hotel Pullman Novotel, New Delhi.
38. Delivered a talk on **‘Central Nervous system depressant drugs and their manifestations’** at an ICMR sponsored National seminar on ‘Euphoria to Death’-Drug Abuse-A multidisciplinary approach at Guru Nanak Mission International Charitable Trust, Balachaur, Punjab, 20<sup>th</sup> March, 2016.
39. Delivered a talk on **‘Head Trauma: Emergency management’** at 5<sup>th</sup> Annual conference of Neurological Surgeons Society of India, at Srinagar, March 31<sup>st</sup> to April 2<sup>nd</sup> 2016.

40. Delivered a talk on **'Febrile Neutropenia'** Foundation Oncology Skills workshop for Pediatric Nurses, held at Rajiv Gandhi Cancer Institute and Research Centre, New Delhi, 6-7 April, 2016.
41. Delivered a talk on **'Disaster preparedness in hospital: Keeping the hospital functional'** at SPHE, college of Nursing on 13<sup>th</sup> May 2016.
42. Delivered a talk on **'How to write discussion'** at a national seminar on 'Scientific paper writing and publication ethics for health care professionals' at Dr RP Govt. medical college, Kangra, Tanda in collaboration with ICMR, New Delhi, on 27-28 may 2016.
43. **'Chemotherapy toxicity'** at Foundation Oncology Skills workshop for Pediatric Nurses, held at the Pediatric Oncology and Heamatology Unit, Mandalay Children's Hospital, **Mandalay, Myanmar on 4-5 August, 2016.**
44. **'Education and support for the family'** at the Pediatric Oncology and Heamatology Unit, Mandalay Children's Hospital, **Mandalay, Myanmar on 4-5 August, 2016.**
45. **'Nutrition support in cancer patients'** at the Pediatric Oncology and Heamatology Unit, Mandalay Children's Hospital, **Mandalay, Myanmar on 4-5 August, 2016.**
46. Delivered a talk on 'Role of a nurse cancer' at the Pediatric Oncology and Heamatology Unit, **Mandalay Children's Hospital, Mandalay, Myanmar on 4-5 August, 2016.**
47. Delivered a talk on **'Myths of breast cancer'** at National workshop on Breast cancer awareness organized by Saraswati Professional and Higher Education College of Nursing, Gharuan, Mohali in collaboration with ICMR, on 6<sup>th</sup> Oct, 2016.
48. Delivered a talk on **Nurses' role in pre and post operative care in breast surgeries at BISICON, 2016** at PGIMER, Chandigarh.
49. **NRSICON 2016** at Pal College of Nursing and Medical Science, Haldwani, UK , 21-23 Oct 2016.
50. Delivered a talk on **Challenges and Scope of Geriatric Nursing Practice: A Community Based Experience** from PGIMER Chandigarh at Indian Ageing Congress at AIIMS, New Delhi, from 9<sup>th</sup> to 11<sup>th</sup> Nov 2016.
51. **Older People with degenerative disorders- Dementia and Delirium** at 4<sup>th</sup> Annual North Zone Conference of NRSI on Innovation in Nursing Practices through advance nursing research for improving health status of aging population held on 24<sup>th</sup> to 26<sup>th</sup> Nov 2016 at RPIIT Technical and Medical campus Karnal (Haryana).
52. **Ageing discrimination-Psychological and sleep problems and solutions** at 4<sup>th</sup> Annual North Zone Conference of NRSI on Innovation in Nursing Practices through advance nursing

research for improving health status of aging population held on 24<sup>th</sup> to 26<sup>th</sup> Nov 2016 at RPIIT Technical and Medical campus Karnal (Haryana).

53. **Sampling and Sampling Technique** in a National workshop on Research Methodology organized by State College of Nursing Dehradun, UK on 7<sup>th</sup> Feb, 2017.
54. Delivered a talk on **Family members caring for neurosurgical patients: some experiences from PGIMER Chandigarh** at NSSI 2017 at PGIMER, Chandigarh, on 17 Feb 2017.
55. Chairperson at 8<sup>th</sup> SIOP-PODC nutrition workshop at APC, PGIMER, Chandigarh on 18<sup>th</sup>-19<sup>th</sup> Feb 2017.
56. Delivered a talk on **Head injury** CME on Head Injury: Issues and management, 27 Feb 2016, PGIMER, Chandigarh.
57. Delivered a talk on **Qualitative Research designs** at a Trained Nurses Association of India Workshop at Saraba College of Nursing, Saraba, Ludhiana on 3<sup>rd</sup> March. 2017
58. Delivered a talk on **Quantitative Research-Experimental Research Designs**. National workshop on Research Methodology—"Academics and beyond" at Rufaida College of Nursing Jamia Hamdard, New Delhi on 6<sup>th</sup> March, 2017.
59. Delivered a talk on **Latest principles and techniques of education** at faculty development program organized by Shri Mata Vaishno Devi college of nursing, Kakryal, Katra on 5<sup>th</sup> - 6<sup>th</sup> June, 2017.
60. Delivered a talk on **'Dilemmas in end stage heart failure'** at 12th World Congress on Clinical, Preventive Cardiology & Imaging- 2017 (WCCPCI-2017) at SGRD, Amritsar, Punjab from Sept. 30<sup>th</sup> – Oct. 1<sup>st</sup>
61. Delivered a talk on **Task shifting** in NCDs at post congress session on Nurse Practitioner at the World NCD congress 2017 held at PGIMER, Chandigarh, from 4<sup>th</sup> to 6<sup>th</sup> Nov 2017.
62. Delivered a talk on **Choosing a Journal** at National Nursing Conference-2018 at All India Institute of Medical Sciences, Jodhpur on 18-20<sup>th</sup> Jan 2018.
63. Participated in panel discussion on **Quality of Nursing Research: At present and Way Forward** at National Nursing Conference-2018 at All India Institute of Medical Sciences, Jodhpur on 18-20<sup>th</sup> Jan 2018.
64. Delivered a talk on **Safe handling of chemotherapy including administration, spillage and extravasation** at Foundation oncology Skills for Paediatric Nurses organized by American Oncology Institute, Hyderabad, on 10<sup>th</sup> and 11<sup>th</sup> Feb 2018.
65. Delivered a talk on **Nutritional support for cancer patients** at Foundation oncology Skills for Paediatric Nurses organized by American Oncology Institute, Hyderabad, on 10<sup>th</sup> and 11<sup>th</sup> Feb 2018.

66. Participated in panel discussion on Ethics and Medico Legal Issues in contemporary Nursing at One Day Conference on Strategic Nursing Management at Chitkara University, Punjab on 16<sup>th</sup> Feb 2018.
67. Delivered a talk on **Introduction to Neuro-Rehabilitation Nursing** at NSSICON 2018 at KGMU, Lucknow on 24<sup>th</sup> Feb 2018.
68. Participated in panel discussion in 3<sup>rd</sup> Lung Multidisciplinary Cancer management Course, 24-25 March 2018, at PGIMER, Chandigarh.
69. Delivered talk on **Challenges in Nursing Education and Practice** at Rattan professional college of Nursing on 24 April 2018.
70. Delivered talk on **Febrile Neutropenia** on a workshop on Pediatric Hematology Oncology Nursing is being organized at SSPHPGTI, Noida on 29 and 30 September 2018.
71. Delivered talk on **Role of a Nurse in Cancer Care** on a workshop on Pediatric Hematology Oncology Nursing is being organized at SSPHPGTI, Noida on 29 and 30 September 2018.
72. Global Perspective of Better Mental Health, organized at Baru Sahib on 12 and 13 Oct, 2018.
73. Delivered a talk on **Precision Medicine** at First International Conference on Unfolding the Miseries of a Cancer patient-‘Redefining oncology Nursing’-Blending Cure with Care at CKD Amritsar from 14-16, Nov 2018.
74. Delivered a talk on **Evidence Based Nursing practice** at 2<sup>nd</sup> International Seminar on Evidence Based practice at Sri SGRD Institute, Pandher 17 Nov, 2018.
75. Delivered a talk on **geriatric Nursing: An overview** at Nursing Symposium at GERICON 2018, at Kota, Rajasthan, 7-9 Dec 2018.
76. Participated in panel discussion on **Nurse-led Evidence-Based health promotion strategies** across the life span and in diverse settings / contexts at 5th Research Conference at Omayal Achi College of Nursing 30 January to 1<sup>st</sup> Feb, 2019.
77. Organized and delivered talk on **publishing systematic review** in EBCON 2019, National conference and workshop on Evidence Based Medicine, at NINE, PGIMER, Chandigarh on 16<sup>th</sup> Feb, 2019.
78. Delivered talks in Workshop on **Foundation Oncology skills for Pediatric Nurses** at DMC, Ludhiana, 23, 24 Feb 2019.
79. Delivered talk on **Writing article for publication in journal, oral presentation, and poster presentation** at workshop on Nursing Research: A Practical Approach” at Saraswati College of Nursing, Kurali, Punjab on 22 Feb 2019.
80. Delivered a talk on **IV Access care** at 1<sup>st</sup> Critical care Nursing conference at PGIMER, Chandigarh on 27-28 Feb 2019.

81. Delivered a talk on **Management of Head injury** at Nursing symposium as part of NSSI 2019 at Gawahati on 2<sup>nd</sup> March, 2019
82. Delivered a talk on **Protecting the rights of the patients** at Nursing Research Society of India Zonal conference at NINE, PGIMER, Chandigarh on 14<sup>th</sup> March 2019.
83. Delivered a talk on **Phenomenological Research design** at Nursing Research Society of India Zonal conference at NINE, PGIMER, Chandigarh on 15<sup>th</sup> March 2019.
84. Delivered a talk on **Quality Assurance in Nursing Education** at 1<sup>st</sup> National conference by Clinical Nursing Research Society at SLM Global Nursing College, Abu road, Rajasthan on 12-13 August, 2019.
85. Delivered a talk on **Perspectives in Qualitative research** at an International conference at Bharati Vidyapeeth CON, Navi Mumbai on 8<sup>th</sup> Nov 2019.
86. Delivered a talk on Role of Nurses in managing Covid 19 in a webinar on Managing COVID 19 Pandemic- Experiences and Best Practices of India organized by School of Public Health, PGIMER, Chandigarh Supported by Ministry of External Affairs, Government of India, 29 April to 1 May , 2020.
87. Delivered a talk in a webinar on New learnings from Covid 19 unit organized by Sphere India on 9<sup>th</sup> May 2020.
88. Delivered a talk on How to raise the profile of Nursing? Breaking the stereotype of Nursing profession in a webinar organized by Clinical Nurses Research Society on 16<sup>th</sup> May 2020.
89. Delivered a talk on handling the Dead body handling Covid cases at Muktsar Punjab on 18<sup>th</sup> May 2020.
90. Participated as a panelist in panel discussion on Acquiring Clinical Skills-Challenges during Pandemic organized by Manikaka Topawalal Institute of Nursing on 10<sup>th</sup> Sept 2020.
91. Delivered a talk on Newer trends in rehabilitation for the neuroscience patients in a National Webinar organized by Society of Indian Neuroscience Nurses in collaboration with Saraswati Professional and Higher Education College of Nursing on 5<sup>th</sup> Nov 2020.
92. Delivered a talk on “*Advanced Wound Care Technologies: skin patches, biological therapies, NPWT, PLWS.*” in WOUNDCON 2020 organized by AIIMS Rishikesh on 5<sup>th</sup> to 6<sup>th</sup> Dec 2020.
93. Delivered a talk on Myra Estrin Levine’s Conservation Model in an International Webinar organized by DY Patil University Mumbai on 28<sup>th</sup> to 30<sup>th</sup> Jan 2021.



94. Delivered a talk on “Shaping the future of the Nurse Practitioner Program in India: The Way Forward” International E-Conference organized by the Department of Nursing, Government of India, Clinical Nursing Research society (CNRS), Rajasthan, D Y Patil University School of Nursing, Navi Mumbai and NINE, PGIMER, Chandigarh from 15th to 17th April, 2021.
95. Delivered a talk on ‘Future Vision for health care in nursing in research perspective’ in a webinar organized by Naryan Nursing College, Jamuhar, Rohtas (Bihar) on 12<sup>th</sup> May 2021.
96. Delivered a talk on Impact of covid 19 on the health care system and the nursing profession, in a webinar organized by NINE, PGIMER, Chandigarh on 13 May, 2021
97. Delivered a talk on Critical Care Nursing during Covid-19 Pandemic: Challenges and Strategies in a webinar organized by Society for Critical Care Nurses on 21<sup>st</sup> May 2021.
98. Delivered a talk on Care of the brain dead patients at TRAUMA RESUSCITATION and CRITICAL CARE Immediate trauma care “moving from golden hour to platinum ten” organized by deptt of Anaesthesia, PGIMER, Chandigarh on 9<sup>th</sup> Oct, 2021.
99. Delivered talk on Rehabilitation of TBI patients at a Webinar for nurses organized by NINE, PGIMER, Chandigarh on 15<sup>th</sup> June, 2021
100. Delivered talk on Complications of immobility in a webinar organized by NINE and Deptt of Orthopedics, PGIMER, Chandigarh on 11<sup>th</sup> June, 2021.
101. Delivered talk on Communication of research findings at an International Inter-University Virtual Conference organized by Chettinad College of Nursing, Chettinad Academy of Research and Education (CARE), INDIA and Department of Nursing, University Malaysia Sabah (UMS), MALAYSIA on 23rd & 24th, June 2021.
102. Delivered talk on Importance of gender equality in nursing, at a Webinar organized by Society of Critical Care Nursing on 12 July 2021.
103. Delivered talk on Prevention of pressure ulcers and positioning (proning) the critical ill patients (twice) at training sessions (TOT) for training of staff nurses in critical care (ICU and Covid Care) for adult and pediatric patients in Haryana organized by State Institute of Health and Family Welfare, Panchkula (Haryana) in collaboration with NINE on 23<sup>rd</sup>, 24<sup>th</sup> July and 3<sup>rd</sup> and 4<sup>th</sup> August, 2021
104. Delivered talk on Nutrition for better health at a National webinar organized by deptt of community Health Nursing, BFUHS, Faridkot 1<sup>st</sup> sept 2021.
105. Delivered talk on Slum Dwellers and Rag Pickers: Health problems in a workshop organized by TECH4SEVA, CIBioD, on 2<sup>nd</sup> Oct 2021.
106. Delivered talk on Initial assessment and management of trauma patients in webinar organized by Nursing Scholar Society on 7 Oct 2021.

107. Delivered talk on Qualitative research designs in a webinar organized by Society of cardiac Nurses (India) on 14, Oct 2021
108. Delivered talk on Adverse effects of smoking organized by deptt of Community Medicine and School of public Health, PGIMER, Chandigarh on 16 Oct 2021
109. Delivered talk on Significance of flushing and locking at a webinar organized by Infusion Nurses society-India on 9<sup>th</sup> Dec 2021.
110. Delivered talk on Qualitative data analysis and presentation, organized by NSI at Surat, 25<sup>th</sup> Jan 2022.
111. Delivered talk on Hypertension prevention and control: Role of nurses, in the NCD course, in Jan 2022.
112. Delivered a talk on Selecting a research journal at a National e conference organized by CNRS and NINE on 11-13 March 2022
113. Delivered talk on Spinal Trauma: Newer Strategies of Nursing Management in Acute and Rehabilitation Settings of SCI patients at the 10<sup>th</sup> Annual Conference of the Neurological Surgeons Society of India, 4-5 March 2022,
114. Delivered talk on Priority action to be taken for Variant of Concern in a series of webinars (held every Monday) on **COVID 19 pandemic- Nationwide Training on Variant of concern and Post Covid-19 Sequalae** organized by Ministry of Health and Family Welfare, New Delhi
115. Delivered talk on: 'Hospital Administrative Procedures in MLC Cases' in a workshop on Forensic nursing at NINE, April 19, 2023;
116. 'Advances and Recent Trends in Research Approaches', a conference on Pragmatic approach for learning quantitative research methodology at Chitkara University, April 24, 2023;
117. 'Non- experimental research designs' at MM College of Nursing, Solan, Kumharhatti, May 5, 2023; 'Our Nurses: Our Future at Nurses week at University College of Nursing, Faridkot, Punjab, May 10, 2023;
118. 'Burden of arrhythmias and promoting safety of patients through accurate interpretation of ECG' at two days workshop on Heuristic Approach of ECG Interpretation for Promoting Patient Safety at Chitkara University, May 24, 2023;
119. 'CVD Prevention' at 7 days Workshop on Role of Community Health Nurses in Prevention and Management of NCDs, August 2, 2023;
120. 'Writing a Proposal to fund systematic review' at a workshop on Evidence-based Nursing Practice at NINE, PGIMER, Chandigarh, August 26, 2023;

121. 'Elder Abuse and Safety Issues' at Manikaka Topawala Institute of Nursing, Charusat, Anand, Gujrat, September 30, 2023;
122. 'Pressure ulcers: Prevention and Management in Critically ill patients' at NINE, PGIMER, Chandigarh, October 18, 2023;
123. 'Simulation-based learning' in a workshop on Evidence-based Nursing Practice at NINE, PGIMER, Chandigarh, December 1, 2024;
124. 'Infection Control' in an international nursing workshop on Anticancer Therapy & Evidence-Based Practices for Nurses December 1, 2023;
125. 'Holistic Approach in Education and Research' at Dr. GD Pol Foundations Institute of Nursing Education, Kharghar, Navi Mumbai, December 6, 2023;
126. 'Changing Landscape of Healthcare Education at Innovations in Education' at Chitkara University, December 7, 2023;
127. 'Nurse Practitioner: A Changing Paradigm in Nursing to Transform and Strengthen the Patient Care' at MM College of Nursing, Mullana, Ambala, December 15, 2023;
128. 'OSCE/OSPE' at International conference under the aegis of Nursing Scholar Society and Vibrant Nursing College on the topic 'Transforming Nursing Education and Practice to meet the Global Challenges' at Vibrant Nursing College, Surat, January 8, 2024;
129. 'Role of a nurse in Diabetes control' at NCD course at NINE, January 11, 2024; 'Tools of Planning at International Public Health Management Development Program' organized by School of Public Health, PGIMER, Chandigarh, January 12, 2024;
130. 'Global patient safety challenges and patient safety incidents' at 7 days workshop on Patient Safety at NINE, PGIMER, Chandigarh, January 15, 2024;
131. 'Patient friendly environment' at 7 days workshop on Patient Safety at NINE, PGIMER, Chandigarh, January 18, 2024;
132. 'Seizure disorders in pregnancy' at 7 days workshop at NINE, PGIMER, Chandigarh, February 15, 2024;
133. 'Signs and Symptoms of Cancer' organized by ECHO India Cancer Prevention, Detection and Awareness Capacity Building Webinar series for Nurses, March 8, 2024;
134. 'Emergency Nursing: An integral part of Nursing Education and Care Execution' at a conference organized by the Association of Emergency Medicine Educators at PGIMER, Chandigarh, March 15, 2024.
135. Delivered a lecture on Patient safety: standards and goals at SGRD, Amritsar on 30<sup>th</sup> March 2024.

136. Delivered a lecture on Sustainable organizational capacity building in Nursing research at an international conference organized by Ratnaprabha Nursing College Vadnagar, Gujrat on 5<sup>th</sup> April 2024.
137. Delivered a talk of Managing chemotherapy side effects at MMU CON, Mullana, Ambala. On 20 April 2024.
138. Delivered a lecture on Qualitative research in Nursing and its significance at 1<sup>st</sup> National Conference of NTAI at CISM and R at Kuanwala, Dehradun on 24<sup>th</sup> May 2024.
139. Coping Strategies of Stress Management in Adolescent Girls at CME" Adolescent Health Challenges and Coping Strategies." Organized by CMCH, sector 32, Chandigarh on 1<sup>st</sup> Aug 2024.
140. Delivered a lecture on the Antimicrobial Stewardship program of nurses at a pre-conference workshop on antimicrobial stewardship for Nurses on 22<sup>nd</sup> August 2024
141. Publishing Research Papers at the National conference organized by NRSI at Ner Chok Mandi, HP, 21<sup>st</sup> Sept 2024.
142. Delivered a lecture on the New Era for Health care Quality and Patient Safety at a National conference on Empowering nurses for quality care and patient safety at Kewal Shree Institute of Nursing, at Indore on 17,18 Nov 2024.
143. Delivered a lecture on the Use of Mobile Apps in patient care at TSI Nursing 2024 on 30<sup>th</sup> Nov 2024.
144. Chaired a session at the TNAI conference on 6-7 Dec 2024.
145. Delivered a talk on Steps of EBP in a 7-day workshop on Evidence-Based Nursing Practice sponsored by the Ministry of Health and Family Welfare, 15<sup>th</sup> to 22 Dec 2024.
146. Delivered a talk on Writing a SR proposal for funding in a 7-day workshop on Evidence-Based Nursing Practice sponsored by the Ministry of Health and Family Welfare, 15<sup>th</sup> to 22 Dec 2024
147. Delivered a talk on the Role of nurses in the Prevention and Management of CVDs in the 7<sup>th</sup> 2-day course on NCD Prevention from 20-21 Jan 2025.
148. Delivered a talk on Motivation in a 7-day workshop on Human Relations in Health Care, sponsored by the Ministry of Health and Family Welfare, 22-28 Jan.
149. Delivered a talk on Tools for planning in Nursing Administration at the 29th International Public Health Management Development Program (IPHMDP) for nursing professionals from Liberia on 28<sup>th</sup> Jan 2025.

150. Delivered a talk on empowering nurses to meet the communication needs of the patients in a 7 days workshop on Emerging Trends in Nursing practice from 17<sup>th</sup> to 23<sup>rd</sup> Feb, 2025 at NINE, PGIMER, Chandigarh.
151. Delivered a talk on Introduction to neonatal and paediatric emergencies at a 7 days workshop on Neonatal and paediatric emergencies from 24<sup>th</sup> to 30<sup>th</sup> March 2025 at NINE, PGIMER, Chandigarh.

**e. Scientific research presentations: National/International**

1. **Sukhpal Kaur**, D Behera, D Gupta, SK Verma. Assessment of knowledge of patients with bronchial asthma' presented at Sundaramma Award session at 33<sup>rd</sup> National Convention of the Indian College of Allergy and Applied Immunology from Nov 12-14, 1999 at PGIMER, Chandigarh.
2. **Sukhpal Kaur**, D Behera, D Gupta, SK Verma. 'Psychosocial aspect of bronchial asthma patients' at 27<sup>th</sup> annual conference of Indian Psychiatric Society-North Zone, 19<sup>th</sup> –20<sup>th</sup> Oct 2002.
3. **Sukhpal Kaur**, I Walia. 'Knowledge and practices of breast self examination among nursing students' at Second International Conference Japanese Society of Cancer **from 9<sup>th</sup> -11<sup>th</sup> Feb, 2007 at Tokyo, Japan**
4. **Sukhpal kaur**, C Varghese, I walia, YP Sharma. Effect of 'Moist Ice pack' on occurrence of pain, bruise and hematoma associated with subcutaneous heparin injection at Joint meeting of International Society for Heart Research at PGIMER, Chandigarh on 29<sup>th</sup> Feb to 2<sup>nd</sup> March, 2008.
5. **Sukhpal Kaur**, P Nair, YP Sharma. Effect of injection duration in injecting subcutaneous heparin injection with reference to pain and bruising at Joint meeting of International Society for Heart Research at PGIMER, Chandigarh on 29<sup>th</sup> Feb to 2<sup>nd</sup> March, 2008.
6. Narinder Kaur, **Sukhpal Kaur**, YP Sharma. Effect of Manual Vs 'C' clamp pressure at the catheter puncture site with reference to comfort level and prevention of vascular complications among patients undergoing catheter punctute site at Joint meeting of International Society for Heart Research at PGIMER, Chandigarh on 29<sup>th</sup> Feb to 2<sup>nd</sup> March, 2008.
7. **Sukhpal Kaur**. Telehealth and Nursing care (14<sup>th</sup> to 16<sup>th</sup> Nov, 2008)
8. **Sukhpal Kaur**, Karobi Das. Stress and coping strategies amongst nursing students. Indian Psychiatric Society-North Zone at GMCH 32, 18-19 Oct 2008.

9. Karobi Das, **Sukhpal Kaur**, Harpreet Kaur. Anxiety level among the patients' attendants undergoing ECT. Indian Psychiatric Society-North Zone at GMCH 32, 18-19 Oct 2008.
10. Kumari Sunita, **Sukhpal Kaur**, Firoza Patel. Cytotoxic spills--- Hyderabad, 5 to 7 Dec 2008
11. **Sukhpal Kaur**, Sunita Sharma. Prevention of pressure ulcers amongst the chronically ill patients. 16<sup>th</sup> International Conference of Indian Association of Palliative Care, 13-15 Feb, 2009, AIIMS, New Delhi.
12. Sunita Sharma, **Sukhpal Kaur**. Spiritual needs of the palliative care patients. 16<sup>th</sup> International Conference of Indian Association of Palliative Care, 13-15 Feb, 2009, AIIMS, New Delhi.
13. **Sukhpal Kaur**, D Behera. Pre and Post menstrual peak flow rates and symptoms amongst patients with bronchial asthma. 8<sup>th</sup> European Congress on Menopause (EMAS) **at London UK, 16-20 May, 2009.**
14. **Sukhpal Kaur**. Osteoporosis in Indians: Role of nurses in prevention. 8<sup>th</sup> European Congress on Menopause (EMAS) **at London UK, 16-20 May, 2009.**
15. **Sukhpal Kaur**, Amarjeet Singh, Mandeep S Dhillon, Manoj Tiwari, Indarjeet Walia. Point prevalence of bed sore among the admitted patients in a tertiary care hospital. Presented at PGI research Forum on 25<sup>th</sup> Oct 2010.
16. **Sukhpal Kaur**, Tarandeep Kaur, Sheikha Thakur, Hemant Bhagat, Sandhya Narayanan, Neerja Bhardwaj, Jyotsna Wig. Awareness of Bispectral index monitoring system (BIS) among the critical care nursing personnel in a tertiary care hospital of India at 31<sup>st</sup> SINNCON 2010 being organised by Society of Indian Neuroscience Nurses in collaboration with 59<sup>th</sup> Annual Conference of Neurological Society of India and Congress of Neurological Surgeons, USA at B.M. Birla Science & Technology Centre, Jaipur from 17<sup>th</sup> – 19<sup>th</sup> December, 2010.
17. **Sukhpal Kaur**, Amarjeet Singh, Indarjeet Walia. Care of Elderly in Old Age Homes of Chandigarh: Some Experiences. Organized at Amritsar on 5 -6 Nov 2011.
18. **Sukhpal Kaur**, Amarjeet Singh, Mandeep S Dhillon, Manoj Tiwari, Indarjeet Walia. Point prevalence of bed sore among the admitted patients in a tertiary care hospital. 15<sup>th</sup> International Nursing Research Conference, 15<sup>th</sup> to 18<sup>th</sup> Nov 2011 at Madrid, Spain.
19. **Sukhpal Kaur**, Lata Mandal, Priya Nair, Narinder Kaur, Pragya Pathak, Anil Bhansali. Awareness among patients with T2DM regarding the disease at a tertiary care referral centre. 15<sup>th</sup> International Nursing Research Conference, 15<sup>th</sup> to 18<sup>th</sup> Nov 2011 at Madrid, Spain.
20. **Sukhpal Kaur**, Mandeep S Dhillon, Indarjit Walia, Sarvdeep Singh. Demographic profile, morbidity and mortality of admitted road traffic accident victims with orthopedic injuries. 15<sup>th</sup> International Nursing Research Conference, 15<sup>th</sup> to 18<sup>th</sup> Nov 2011 at Madrid, Spain.

21. Charanpreet Kaur, Ashish Bhalla, **Sukhpal Kaur**. Protective measures practiced by nursing personnel while providing nursing care to the patients in a tertiary care hospital. Emergency Update, Oct 2011, MM Institute, Mullana.
22. Jaspreet Kaur Minhas, **Sukhpal Kaur**, Rajesh Chhabra. Assessment of the demographic profile, associated complications and long term nursing care needs of patients with spinal trauma attending Neurosurgical OPD of a tertiary care hospital. SINNCON 2011, 16-20 Dec, Bangalore.
23. Prabhjot Kaur, **Sukhpal Kaur**, Amrajeet Singh. Problems faced in implementing community based RCT on prevention and management of bedsores in Chandigarh. CHASCON 2012, PU Chandigarh
24. Sarthak Sharma, Sakun K Garg, **Sukhpal Kaur**, Manoj K. Tiwari, Amarjeet Singh. Physiotherapy - A Crucial Component in Randomized Controlled Trial on Community Based Bedsores Prevention in Bedridden Patients, An Experience From PGIMER Chandigarh. IAPSMCON 2012. Tanda, Punjab.
25. Upasana Sharma, **Sukhpal Kaur**, Parabjyot Kaur, Sarthak Sharma, Manoj K Tiwari, Amarjeet Singh. Knowledge, Beliefs and Practices of Caregivers Regarding Bedsores Care Practices and Management In Chandigarh. IPHA 2012, Kochi, Kerala
26. Sakun K Garg, Sarthak Sharma, **Sukhpal Kaur**, Manoj K. Tiwari, Amarjeet Singh. Physiotherapy can be useful in prevention and management of bedsores: Preliminary results of two RCTs from PGIMER, Chandigarh. IAPSMCON 2012. Tanda, Punjab.
27. **Sukhpal Kaur**. Prevention of bedsores in stroke patients. Conference on 'Strike Out Stroke', organized by deptt of Neurology, 16<sup>th</sup> Sept 2012.
28. **Sukhpal Kaur**, Amarjeet Singh, Mandeep S. Dhillon, Manoj K Tiwari, Parabjyot Kaur. Incidence of Bedsores Among The Patients Suffering with Neurological and Neurosurgical Conditions In A Tertiary Care Hospital. Presented at 2<sup>nd</sup> Annual Conference of Neurological Surgeons' Society of India (NSSI), 1<sup>st</sup> -3<sup>rd</sup> March, 2013.
29. **Sukhpal Kaur**, Amarjeet Singh, Mandeep S. Dhillon, Manoj K Tiwari, Parabjyot Kaur. Knowledge and practices regarding prevention of bedsores among nurses working in neurosurgical units of a tertiary care hospital. Presented at 2<sup>nd</sup> Annual Conference of Neurological Surgeons' Society of India (NSSI), 1<sup>st</sup> -3<sup>rd</sup> March, 2013.
30. Prabhjot kaur, **Sukhpal Kaur**, Ashish Bhalla. Caring for elderly. Is it stressful? Presented at INDUSEM 2012, 26-28 Oct 2012

31. Geeta Dawra, Kamalpreet Kaur Bajwa, Khusboo Kalra, **Sukhpal Kaur**, Ashish Bhalla, Nadiya Krishnan. Assessment of the extent of burden experienced by the caregivers of patients admitted in the emergency of a tertiary care hospital. Presented at INDUSEM 2012, 26-28 Oct 2012
32. Ashok Kumar, Manisha Nagi, Dheeraj Khurana, **Sukhpal Kaur**, Ashish Bhalla, Jaspal Kaur. Quality measures given to the stroke patients during hospitalization and at the time of discharge from the hospital. Presented at SINNCON 2012 (Dec) at AIIMS, New Delhi.
33. Shalika Sharma, Manula Thakur, **Sukhpal Kaur**. Assessment of dependency level in the performance of activities of daily living amongst elderly in sub urban population of India. Geriatric Update, 5-6 Nov 2012, Amritsar.
34. Naseem Mancheri, **Sukhpal Kaur**, Pragya Sharma, Sushmita Ghoshal. Effect of 'oral ice application' on oral mucositis among cancer patients undergoing radiotherapy; a randomised controlled trial report. Presented at Indian cancer congress 2013 at Delhi.
35. Jaspreet Kaur Minhas, **Sukhpal Kaur**, Rajesh Chhabara. A participatory-observational study to assess the practices of nursing personnel while providing care to the unconscious patients in Neuro ICU. Presented at 2<sup>nd</sup> Annual Conference of Neurological Surgeons' Society of India (NSSI), 1<sup>st</sup> -3<sup>rd</sup> March, 2013.
36. **Sukhpal Kaur**, Amarjeet Singh, Arshdeep Gill. Prevention of bedsores among elderly-A community based approach at XI Annual Conference of Indian Academy of Geriatrics - Gericon 2013 held at Chennai on 14<sup>th</sup> -15<sup>th</sup> Nov 2013.
37. **Sukhpal Kaur**, Arshdeep Gill, Upasana Sharma, Amarjeet Singh, Quality Care Audit of Old Age Homes In a North Indian City at XI Annual Conference of Indian Academy of Geriatrics - Gericon 2013 held at Chennai on 14<sup>th</sup> -15<sup>th</sup> Nov 2013.
38. Jaspreet Kaur Minhas, **Sukhpal Kaur**, Rajesh Chhabra. A descriptive study to assess the clinical profile of patients with head injury following road traffic accidents. Presented at SINNCON 2013 held at Mumbai.
39. **Sukhpal Kaur**, Amarjeet Singh, Arshdeep Gill. Prevention of bedsores among elderly-A community based approach at XI Annual Conference of Indian Academy of Geriatrics - Gericon 2013 held at Chennai on 14<sup>th</sup> -15<sup>th</sup> Nov 2013.
40. **Sukhpal Kaur**, Arshdeep Gill, Upasana Sharma, Amarjeet Singh, Quality Care Audit of Old Age Homes In a North Indian City at XI Annual Conference of Indian Academy of Geriatrics - Gericon 2013 held at Chennai on 14<sup>th</sup> -15<sup>th</sup> Nov 2013.
41. **Sukhpal Kaur**. Assessment of health care needs of the elderly in Chandigarh at 12<sup>th</sup> Annual National conference of IAG on 10<sup>th</sup> and 11<sup>th</sup> Oct 2014 at Bangalore.



42. **Sukhpal Kaur.** Adopting a Health Promotion Nursing Approach for Geriatric Care to solve the problems of elderly at home- Some examples from Chandigarh at 12<sup>th</sup> Annual National conference of IAG on 10<sup>th</sup> and 11<sup>th</sup> Oct 2014 at Bangalore.
43. **Sukhpal Kaur.** Awareness among patients with T2DM regarding the disease at a tertiary care referral centre at Research Day on 25<sup>th</sup> Oct 2014.
44. **Sukhpal Kaur.** Caregivers' perspective on handling the neurosurgery patient in home based care setting: A mixed method approach at on 35<sup>th</sup> Annual Conference of Society of Indian Neuro Sciences Nurses along with 63<sup>rd</sup> NSICON 2014 at Coimbatore, from 12-15 Dec 2014.
45. **Sukhpal Kaur.** An RCT on enhancing the quality of life of elderly bedridden patients: Reducing the caregiving burden on the community through training of caregivers on Home Based Care provision in an International conference organized by college of Nursing Manipal at Manipal on 24-25 Jan 2015
46. **Sukhpal Kaur.** Experiences of implementing a nursing approach for management and prevention of bedsores among bedridden patients: A Mixed method approach in an International conference organized by college of Nursing Manipal at Manipal on 24-25 Jan 2015.
47. **Sukhpal Kaur.** Evolving a city based model for home care nursing for elderly: Feedback on formative research efforts by NINE, PGIMER, Chandigarh, presented at XIIIth Annual Conference of Indian Academy of Geriatrics held at GMCH, in 30<sup>th</sup> Nov 2015.
48. **Sukhpal Kaur.** Admission of elderly in emergency units: Causes and problems presented at XIIIth Annual Conference of Indian Academy of Geriatrics held at GMCH, in 30<sup>th</sup> Nov 2015.
49. **Sukhpal Kaur.** Caregivers' Perspective on the Quality of hospital care of Neurosurgery patient: A mixed method approach at 36th National Annual Conference of the Society of Indian Neuroscience Nurses (SINNCON 2015) held along with **64th Annual Conference of the Neurological Society of India (NSI), from 17th – 20th December, 2015 at Hyderabad International Conference Centre, Hyderabad.**
50. **Sukhpal Kaur.** Involvement of the family members in caring of patients an acute care setting. Presented at Annual Research Day 2016.
51. Shine Stephen, **Sukhpal Kaur**, Meenakshi Agnihotri, Mandeep S. Dhillon. A Randomized Controlled Trial to Assess the Effect of Topical Insulin Versus Normal Saline in Pressure Ulcer Healing. Presented at 5<sup>th</sup> Annul Research Day of PGIMER, Chandigarh on 7<sup>th</sup> Oct 2017.

52. **Sukhpal Kaur**, Gurpreet Singh, Amarjeet Singh, Sunita Malhotra, Sangeeta Singh, Parul Sharma. Development of an educational intervention for the prevention of shoulder dysfunction and lymphedema following surgery amongst breast cancer patients at World NCD congress 2017 held at PGIMER, Chandigarh, from 4<sup>th</sup> to 6<sup>th</sup> Nov 2017.
53. **Sukhpal Kaur**, Amarjeet Singh, Manoj K Tewari, Tejinder Kaur. Comparison of two intervention strategies on prevention of bedsores among the bedridden patients: A quasi experimental community-based trial. Presented at Annual Research Day PGIMER, Chandigarh, in oct 2018.
54. **Sukhpal Kaur**, Ashish Bhalla, Savita Kumari, Amarjeet Singh. Assessment of functional status and daily life problems faced by elderly in a North Indian city. Presented at Annual Research day PGIMER, Chandigarh in Oct 2019.
55. **Sukhpal Kaur**, RK Dhiman, Ajay Duseja, Pankaj Arora. Surveillance regarding knowledge and attitude regarding care hepatitis B virus (HBV) patients and vaccination status amongst the nurses. Presented at International Conference on Prevention and Infection Control at Geneva, Switzerland, 10-13 Sept 2019.
56. **Dr Sukhpal Kaur**, Ms Archana Guleria, Ms Jyoti Kaundal, Ms Palavi Patil, Ms Sheena Pathania, Ms Neena Vir Singh, Ms Rupinder Kaur. Assessment of prevalence, factors related to percutaneous injuries and adherence to 'Occupational exposure and post exposure prophylaxis' NACO guidelines among nursing personnel. Presented at International Conference on Prevention and Infection Control at Geneva, Switzerland, 10-13 Sept 2019.
57. **Dr Sukhpal Kaur**, Ms Navreet Aman, Dr AK Mandal, Ms Neena Vir Singh. A phenomenological study on lived experiences of the patients with bladder cancer undergone urinary diversion. Presented at Annual meeting of IASCC 2020, 3<sup>rd</sup> Oct 2020.
58. **Dr Sukhpal Kaur**. Risk Factors of Cervical Cancer: A Case-Control Study. Presented under the Award category at the Annual Research Day of PGIMER, Chandigarh, 2024.
59. **Dr Sukhpal Kaur**, Dr Ruchi Sharma, dr Amarjeet Singh. An integrated qualitative and quantitative study on sexual and reproductive health problems faced by women with disabilities in Chandigarh, India at Research day 2025

**CONTRIBUTION AS MEMBER/OFFICE BEARER in PROFESSIONAL ORGANIZATIONS STATUTORY BODIES/ACCREDITATION AGENCIES etc**

- Every year celebrate International Nurses week by organizing various activities at our institute.

- Actively participate in the annual conference of NRSI. This year I was the organizing secretary of NRSI-North Zone conference organized at NINE, PGIMER, Chandigarh from 14<sup>th</sup> to 16<sup>th</sup> March 2019.
- Regularly attend conferences organized by Lung Cancer Society of India
- Actively participate in World Health Day celebration each year celebrated under IPHA.
- Under the Indian Association of Palliative Care, a three months correspondence course is conducted once in year by deptt of radiotherapy, PGIMER, Chandigarh. I am the resource person for the same.
- Under the Nursing research forum, we are publishing a journal entitled Nursing and Midwifery Research Journal. I am the founder secretary, and current Vice president and member of the editorial board.
- Each year, organize a Nursing symposium as part of the National conference (GERICON) at various places of India.
- Each year, organize Nursing symposium as part of NSSI (Neurosurgeon Society of India) at various places of India.
- Organized First six days course on Research methodology for the nursing personnel in Collaboration with CNRS from 18<sup>th</sup> to 23 Aug 2020 at NINE, PGIMER, Chandigarh
- Organized a series of webinars on various aspects of Covid 19 throughout the year.
- Chairperson of CNE (Continuing Nursing Education) cell at PGIMER, Chandigarh. Regularly organizing training programs for the nurses from Feb 2025 onwards.

### **AWARDS AND HONOURS**

1. 1<sup>st</sup> prize for Poster presentation on 'Prevention of stroke—role of nurses'. Presented at 31<sup>st</sup> SINNCON 2010 being organized by Society of Indian Neuroscience Nurses in collaboration with 59<sup>th</sup> Annual Conference of Neurological Society of India and Congress of Neurological Surgeons, USA at B.M. Birla Science & Technology Centre, Jaipur from 17<sup>th</sup> – 19<sup>th</sup> December, 2010. (co-author)
2. Awarded Best Paper Award (Quality Care Audit of Old Age Homes In a North Indian City) at the National Conference of Indian Academy of Geriatrics held at Chennai on 14<sup>th</sup> -15<sup>th</sup> Dec 2013.
3. 1<sup>st</sup> prize in oral presentation at 3<sup>rd</sup> Annual conference of Neurological Surgeon's Society of India. NSSI-Neurosciences Nursing Symposium held at Rishikesh, UK from 28<sup>th</sup> Feb-2<sup>nd</sup> March 2014. Effect of an intervention on Performance regarding change of tracheostomy tube among the caregivers of the patients. (Co-author)
4. Best paper award-First prize: Gold Medal at National conference of Indian Academy of Geriatrics held at Bangalore on 10<sup>th</sup> and 11<sup>th</sup> Oct 2014.
5. Best paper award (RCT on enhancing the quality of life of elderly bedridden patients: Reducing the caregiving burden on the community through training of caregivers on Home Based Care provision) at an International conference on Evidence Informed Practice: An approach to Health care Reform, held at Manipal from 23-25 January, 2015.
6. Best paper (poster) award (Experiences of implementing a nursing approach for management and prevention of bedsores among bedridden patients: A Mixed method approach) at an International conference on Evidence Informed Practice: An approach to Health care Reform, held at Manipal from 23-25 January, 2015.
7. First prize (co-author): Assessment of effect of 'Coma Stimulation Technique' on comatose patients with traumatic brain injury with respect to consciousness and changes in brain functioning at 36th National Annual Conference of the Society of Indian Neuroscience Nurses (SINNCON 2015) held along with **64th Annual Conference of the Neurological Society of India (NSI), from 17th – 20th December, 2015 at Hyderabad International Conference Centre, Hyderabad.**
8. Awarded for publishing in a high-quality research work (high impact factor) on 5<sup>th</sup> Annual Research Day of PGIMER, Chandigarh on 7<sup>th</sup> Oct 2017.

9. First prize. Effect of mHealth on the quality of life in breast cancer survivors: Study design for RCT. Presented at IAMBSS CON, on Oct 2019 at PGIMER, Chandigarh. (co-author)
  10. Second prize: Medical Application based Post Stroke Strategy (MAPSS) for stroke survivors and their caregivers. Presented at IAMBSS CON, on Oct 2019 at PGIMER, Chandigarh. (co-author)
  11. Second prize. Evaluation of the effectiveness of a Nursing Intervention Protocol on nurses' and caregivers' knowledge and practice regarding chemotherapy induced neutropenic complications: A cluster randomized control trial. Presented at 4<sup>th</sup> Asian oncology nursing conference held at TMH Mumbai from 13-15 Nov 2019. (co-author)
  12. Awarded Paul Dudley White International Scholar Award 2020 by The American Heart Association.
  13. Best paper awards (co-author) for "Atijivita (a mobile app) study protocol: A Randomized controlled trial to evaluate a mobile app for improving health related quality of life of patients with breast cancer" Virtually organized by WCI-TMH from October 1-2, 2021; "
  14. **3<sup>rd</sup> prize** (Poster Presentation) entitled "Health problems and experiences of breast cancer survivors after completing conventional treatment: A mixed method study". National Conference of Nursing Research Society of India at NINE from 2-4 Nov 2023. (co-author)
  15. **3<sup>rd</sup> Prize** (oral presentation) entitled "Effect of mobile phone app-based training on the quality of life for women with breast cancer: A RCT" at International Women's cancer conference jointly organized by PGIMER Chandigarh and ASCO USA from 1-3<sup>rd</sup> Dec 2023. (Co-author)
  16. 1<sup>st</sup> Prize in poster presentation entitled 'A Mobile App based Rehabilitation Interventions for Breast Cancer Survivors for Prevention and Management of post-treatment complications, A RCT at EBSCON 2024, 6-7 Dec 2024.
  17. Awarded the Maharani Ahilyabai Holkar Award 2024 for the exemplary contribution to a greater social cause and women's leadership.
-

